



**FORDHAM
UNIVERSITY**

**WAC Team Race
March 14 - 15, 2026
Fordham University**

SAILING INSTRUCTIONS

RULES

1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D, and the prescriptions of US SAILING, and the Procedural Rules, except as any of these are modified by these sailing instructions.

1.2 RRS D2 will apply for all races.

2 NOTICES TO COMPETITORS Notices will be posted on the official regatta notice board located on Techscore.

3 CHANGES IN SAILING INSTRUCTIONS Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4 SCHEDULE OF EVENTS

Saturday

Report Time 0900

Competitors' Meeting 0915

First Race 0945

Sunday

Report Time 0900

First Race 0945

No Starting Signal After 1500

5 FORMAT The format will be determined by the regatta chair depending on time

and conditions. The following possible formats are listed in order of preference: \

5.1 A 6 team round robin, potentially followed by subsequent seeded rounds of 6 or 4 teams..

5.2 An alternate format determined by the regatta chair

6 BOATS & EQUIPMENT

6.1 420's and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1. 6.2 The standing rigging shall not be adjusted.

6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Finish Boat on the water.

6.5 Breakdowns will be decided using PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

7 RACING AREA The Racing Area Westchester Bay

8 ROTATION Rotation will be in accordance with the posted rotation in techscore.

9 MARKS

9.1 All rounding marks will be orange balls.

9.2 Start and finish marks will be orange balls.

10 COURSES

10.1 The Digital N Course shall be sailed

10.2 The starting and finishing lines will be between an orange staff and a ball.

11 STARTING SYSTEM The starting sequence may be rolling.

12 RECALLS

12.1 A general recall will be signaled in accordance to PR 18(b).

13 PROTESTS

13.1 Protests shall be initiated in accordance with RRS D2 as modified by PR 24.

14 SCORING

14.1 RRS D3 and D4 shall be used, as modified by PR 25.

15 SAFETY

15.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

15.2 Starts will not be delayed to accommodate capsized boats

15.3 Drysuits will be required for all competitors if the air and water temperature are both below 50 degrees Fahrenheit.