

# **2026 SEISA Women's Team Race Conference Championship Hosted by Tulane University April 2, 2026 Sailing Instructions**

## **1. RULES**

These regattas will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D for the Team Race Championships, the ICSA Procedural Rules (2021-2024), and the ICSA Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.

## **2. NOTICES TO COMPETITORS**

Notices will be posted on the official regatta notice board located online on Techscore.

## **3. CHANGES IN SAILING INSTRUCTIONS**

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

## **4. SCHEDULE OF EVENTS**

### **Thursday , April 2**

#### **Women's Team Race Championship**

1600	Report Time
1610	Coach/Team Rep Meeting
1445	First Warning
19:10	No Warning after this time

If racing is unable to be completed on Thursday April 2, racing shall continue with the following schedule on April 3:

0830	Report Time
0850	First Warning

## **5. FORMAT**

5.1. For the Women's Team Race Championship the preferred format will be 7 rounds. A minimum of 6 total races shall be sailed to constitute a regatta. (PR 25a).

5.2. ICSA Procedural rules to apply for breaking ties, and scores shall carry forward from each round.

## **6. BOATS & EQUIPMENT**

6.1 2025 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.3. Competitors shall report all damage or loss of equipment, however slight, to the dock/Finish Boat immediately after finishing or to the Race Committee Signal Boat on the water.

6.4. Breakdowns will be decided using PR 23, and RRS Appendix D (as necessary). Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

## **7. ROTATION**

7.1 The rotation of boats will be in accordance with the rotation listed on Techscore.

## **8. RACING AREA**

The intended racing area will be announced at the Area of Lake Pontchartrain immediately north of the Municipal Yacht Harbor Entrance.

## **9 MARKS**

9.1 All Marks will be Red Balls.

## **10. COURSES**

10.1 The Course will be the standard ICSA Starboard Digital N for Team Racing

10.2. The starting and finishing lines will be between a staff from which an Orange flag is displayed and the course side of a Yellow ball.

10.3. Marks 1&2 will be Red balls, Marks 3&4 will be green balls

## **11 STARTING SYSTEM**

Races will be started in accordance with PR 18(b)(iii).

## **12 PROTESTS**

Protests will follow RRS Section A, as amended by Appendix D (as necessary), and modified by ICSA PR Appendix G for Expedited Hearings. RRS D3 and D4 (as necessary) shall be used, as modified by PR 25.

## **13. Drones**

13.1 Drones may be used, however all Federal and Local laws/rules must be followed..

## **14. SAFETY**

14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2 Starts may not be delayed to accommodate capsized boats

14.3 If in the opinion of a Race Official it is in the best interests for the safety of competitors or equipment that a boat requires outside assistance, that boat will be required to accept that assistance and be scored DNF for that race.

## **15. Coaching**

PR 19 shall apply