

2026 SAISA Women's Team Race
Conference Championship
Hosted by University of South Florida
April 10, 2026
Sailing Instructions

1. RULES

These regattas will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D for the Team Race Championships, the current ICSCA Procedural Rules, and the ICSCA Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located online on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Friday, April 10

Women's Team Race Championship

1200 Report Time

1215 Competitor Meeting

First Warning as soon as possible

5. FORMAT

5.1. For the Women's Team Race Championship the preferred format will be 3 rounds. A minimum of 6 total races shall be sailed to constitute a regatta. (PR 25a).

5.2. ICSCA Procedural rules to apply for breaking ties, and scores shall carry forward from each round.

6. BOATS & EQUIPMENT

6.1 2023 Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.3. Competitors shall report all damage or loss of equipment, however slight, to the dock/Finish Boat immediately after finishing or to the Race Committee Signal Boat on the water.

6.4. Breakdowns will be decided using PR 23, and RRS Appendix D (as necessary). Breakdown consideration will not be given for the failure of knots (except at the head

of the main when it was determined there was not an opportunity to check it), or loss of taped cotter pins and rings.

7. ROTATION

7.1 The rotation of boats will be in accordance with the rotation listed on Techscore.

8. RACING AREA

The intended racing area will be the area of Tampa Bay just east of Lassing Park, with Bayboro Harbor as an alternative area.

9 MARKS

9.1 All Marks will be Orange Balls.

10. COURSES

10.1 The Course will be the standard ICSA Starboard Digital N for Team Racing

10.2. The start line will be between a staff from which a Blue flag is displayed and the course side of an Orange ball.

10.3 The finish line will be between a staff from which a Blue flag is displayed and a White ball.

11 STARTING SYSTEM

Races will be started in accordance with PR 18(b)(iii).

12 PROTESTS

Protests will follow RRS Section A, as amended by Appendix D (as necessary), and modified by ICSA PR Appendix G for Expedited Hearings. RRS D3 and D4 (as necessary) shall be used, as modified by PR 25.

13. SAFETY

13.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

13.2 Starts may not be delayed to accommodate capsized boats

13.3 If in the opinion of a Race Official it is in the best interests for the safety of competitors or equipment that a boat requires outside assistance, that boat will be required to accept that assistance and be scored DNF for that race.

14. COACHING

PR 19 shall apply