

2026 Nelson Roltsch and Green Wave Women's Team Races Hosted by Tulane University Feb. 28-March 1, 2026 Sailing Instructions

1. RULES

- 1.1 These regattas will be governed by the current version of the Racing Rules of Sailing (2025-2028), including Appendix D for the Team Race Championships, the ICSA Procedural Rules (2021-2024), and the ICSA Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.
- 1.2 US Sailing prescriptions for RRS 63 are deleted
- 1.3 All Races will be umpired

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located online on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday, Feb. 28

- 0900 Report Time
- 0915 Coach/Team Rep Meeting
- 1000 First Warning
- 1700 No Start after this time

Sunday, March 1

- 0900 Report Time
- 0915 Coach/Team Rep Meeting
- 1000 First Warning
- 1500 No Start after this time

5. FORMAT

- 5.1a For the Green Wave Women's Team Race there will be a series of round robins, with a maximum of 10 rounds. Teams will sail in FJs on Saturday and 420Es on Sunday. Teams will remain in the same boats throughout
- 5.1b For the Nelson Roltsch Team Race a maximum of 5 round robins will be attempted. Teams will sail in 420Es on Saturday and FJs on Sunday. Teams will rotate after each round.
- 5.2. ICSA Procedural rules to apply for breaking ties, and scores shall carry forward from each round.

6. BOATS & EQUIPMENT

- 6.1 420s and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.

The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.3. Competitors shall report all damage or loss of equipment, however slight, to the dock/Finish Boat immediately after finishing or to the Race Committee Signal Boat on the water.
- 6.4. Breakdowns will be decided using PR 23, and RRS Appendix D (as necessary). Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

7. ROTATION

- 7.1 The rotation of boats will be in accordance with the rotation listed on Techscore. Rotation of boats shall take place at the docks between round robins.

8. RACING AREA

The intended racing area will be immediately North of Breakwater Point.

9. MARKS

Marks will be as described in the course Diagram for a Digital N.

10. COURSES

10.1 The Course will be the standard ICSA Starboard Digital N for Team Racing

10.2. The starting and finishing lines will be between a staff from which an Orange flag is displayed and the course side of a Yellow ball.

11. STARTING SYSTEM

Races will be started in accordance with PR 18(b)(iii).

12. PROTESTS

Protests will follow RRS Section A, as amended by Appendix D (as necessary), and modified by ICSA PR Appendix G for Expedited Hearings. RRS D3 and D4 (as necessary) shall be used, as modified by PR 25.

13. Drones

Drones may be used, however all Federal and Local laws/rules must be followed.

14. SAFETY

14.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2 Starts may not be delayed to accommodate capsized boats

14.3 If in the opinion of a Race Official it is in the best interests for the safety of competitors or equipment that a boat requires outside assistance, that boat will be required to accept that assistance and be scored DNF for that race.

15. Coaching

PR 19 shall apply