



2026 College Sailing Women's Team Race National Championship

Hosted by Tulane University @ Southern Yacht Club with support from Community Sailing New Orleans

April 26-27, 2026

Supporting Sponsorship from: Zim and West Coast Sailing, Official Supplier of ICSA;

Marlow Ropes, Official Supplier of ICSA;

Dermatone, Official Skincare Partner & Supplier of College Sailing

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2025-2028), including Appendix D; the PRs (PR) and Current Class Rules for Intercollegiate Sailing Competition; except as any of these are modified by these sailing instructions.
- 1.2. RRS D2 will apply for all races as modified by the ICSA Procedural and Collegiate Dinghy Class Rules.
- 1.3. In accordance with RRS D4.3(c), results from previous round robin stages shall carry forward, except as provided in SI 5.4.
- 1.4. RRS D4.3(b) is replaced with "If the round of 15 is terminated when fewer than 80% of its scheduled races have been completed its race results shall not be included except as described in SI 5.4. If any subsequent round-robin is terminated before 100% of its scheduled races have been completed, its race results shall not be included but shall be used to break ties between teams in the group who all sailed each other in the terminated round robin.
- 1.5. Any questions regarding these SIs should be submitted in writing to the ICSA Representative.
- 1.6. RRS D1.1(d) will apply. The following arm signals are required in addition to the hails:
 - (1) for room to tack, repeatedly and clearly pointing to windward; and
 - (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

2. REGISTRATION & NOTICES TO COMPETITORS

- 2.1. ICSA Board-approved entries shall complete registration on the ICSA Championships website.
- 2.2. Notices will be posted on the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Tuesday, April 21

1900 CDT Competitor Briefing on Zoom, link to be posted to the Official Notice Board (Techscore)

Sunday, April 26

1000 First Warning

Monday, April 27

1000 First Warning

1700 No Start Signal After

Awards immediately following racing – At flag pole of Southern Yacht Club

5. FORMAT

- 5.1. Teams will be put in two seeded groups by the ICSA Selection Committee. The rotation will be set up such that these seeded groups sail against the others in their group at the beginning of Stage 1.
- 5.2. The format is:
 - o Stage 1 - a round robin of all 15 teams
 - o Stage 2 - a round robin of the top 6 teams from the Stage 1
 - o Stage 3 - a round robin of the top 4 teams from Stage 2
- 5.3. If the format in SI 5.2 cannot be completed, the format may be changed to:
 - o Stage 1 - a round robin of all 15 teams
 - o Stage 2 - a round robin of the top four teams from the Stage 1
- 5.4. If, in the opinion of the PRO in consultation with the ICSA Rep, it becomes unlikely that round robin of 15 can be completed, the format may be changed to:
 - o Stage 1 - a round robin of each of the seeded groups of 7 or 8.
 - o Stage 2 - a round robin of the top 3 teams from each of the seeded groups. Races already sailed will not be repeated. Race results will only be brought forward from Stage 1 in races sailed against teams qualified for Stage 2.
 - o Stage 3 - a round robin of the top 4 teams from stage 2

6. BOATS & EQUIPMENT

- 6.1. 2025 Zim FJ's with North Blue Ribbon Mains and ICSA branded platinum jibs, and 2024 Zim 420E's with ICSA supplied Zim Platinum main and jibs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the boatswain immediately after arriving on shore or to the Race Committee Finish Boat on the water.
- 6.5. Both Zim FJ's and 420E's will be used in Stage 1. 420E's will be used for Stages 2 and 3.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. MARKS

- 8.1. Rounding marks 1 & 2 will be orange ball marks.
- 8.2. Rounding marks 3 & 4 will be green ball marks.
- 8.3. The starting line will be between an orange flag on the Race Committee Boat and the course side of a yellow ball mark.
- 8.4. The finish line will be between an orange flag on the Race Committee Boat and the course side of a yellow ball mark.

9. COURSE

- 9.1. The Digital N - see course diagram on the Official Notice Board.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. REQUESTS FOR REDRESS

- 11.1. Requests for redress shall be filed with the scorer within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.
- 11.2. Forms will be available on the 2nd floor of the Southern Yacht Club in the Grill Room.

12. BREAKDOWNS

- 12.1. When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

13. SCORING

- 13.1. RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions.

14. SAFETY

- 14.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 14.2. Starts will not be delayed to accommodate capsized boats

15. COACHING

15.1. PR 19 will apply. A designated coaches only observation area will be on the 2nd floor balcony of Southern Yacht Club. Coaching between races may only happen at the rotation dock or other areas as designated. Coaching shall not take place from breakwater point.

16. RIGHTS TO USE NAME AND LIKENESS

16.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17. DRONES

17.1 The use of drones is prohibited except by the OA, Broadcast, and media teams.