

2025 Boston Dinghy Challenge Cup

Hosted by the Massachusetts Institute of Technology

April 18, 2026

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta shall be governed by the current Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, and the Notice of Race, except as modified by these Sailing Instructions.
- 1.2. Questions regarding these sailing instructions should be submitted in writing to Matt Lindblad, mitsail@mit.edu.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Notice Board on Techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday

- 09:30-No access to facility before this time.
- 10:40-Competitors' Meeting.
- 10:55-First warning.
- 10 races maximum per division with no race start after 6pm.

5. FORMAT

- 5.1 There is a maximum of 10 races per division on Saturday.
- 5.2 Three divisions will race in three fleets.
- 5.3 A and B divisions will swap fleets after 4 or 6 races.

6. BOATS & EQUIPMENT

- 6.1. FJ's and Z420's, and Techs will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet

- purchase either 3:1 or 4:1 and competitors may not add knots to add purchase to cunningham, vang or outhaul systems. Zim Platinum cut sails will be used for FJ's and 420s.
- 6.2. The standing rigging shall not be adjusted in FJ's or 420's. Tech sailors may adjust the sidestays but not during racing.
 - 6.3. Competitors shall report any damage or loss of equipment, however slight, to the boatswain immediately after arriving ashore or to the Race Committee on the water.
 - 6.4 Tech sailors may use the main halyard to rig a boom puller, to hold the boom out while running. We will demo that setup immediately following the competitors meeting.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation.

8. THE COURSE

- 8.1. The courses will be announced orally and shown in course diagrams on the Notice Board.
- 8.2. Courses will be inner or outer Trapezoids. All courses will have a leeward gate.
- 8.3 Rounding marks will be orange, green or yellow balls as indicated by course diagram. A shorter gate may be added to equalize the race times. This will be announced by the signal boat to the fleets effected prior to races that will have this in effect.

9. START/FINISH

- 9.1. Races will be started in accordance with PR 18(b)(i).
- 9.2. The start line will be between a staff with an orange flag on the Race Committee Boat and the course side of a colored ball at the port end of the line.
- 9.3. The finish line will be between an orange flag on the finish boat and a nearby mark as specified by course diagrams.
- 9.4. "With one sound" is deleted from PR 18(b)(ii). This changes 18(b)(ii).

10. PROTESTS

- 10.1. Protests and requests for redress shall be filed in accordance with the ICSA Procedural Rules.
- 10.2. Protests and requests for redress shall be filed within 20 minutes of boats returning to the shore for a break in racing after the race or set of races in which the incident occurred. This changes PR 30.
- 10.3. Protest forms will be available at the office area or front desk at either venue and shall be filed with the RC Jury representative or ICSA rep that is present.
- 10.4. The posting of the 'Protest Hearing Schedule' of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called.
- 10.5. Coaches will be asked to hear protests following the racing.

11. SAFETY

- 11.1. Competitors who require assistance from rescue boats should signify so by waving their arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12. COACHING AND COMPETITORS

- 12.1. PR 19 will apply.
- 12.2. Coaching shall be from shore.

13. FACILITY ACCESS AND FIELD OF PLAY

- 13.1 The Sailing Pavilion will be open to our recreational members at noon. Spectators are welcome inside the facility.
- 13.2 Teams are not allowed to store their gear in the shore school, boat bays or dock unless assigned. Teams may set up 10x10 tents on the west roof decks.

- 13.3 **Please dispose of all trash in trashcans.**

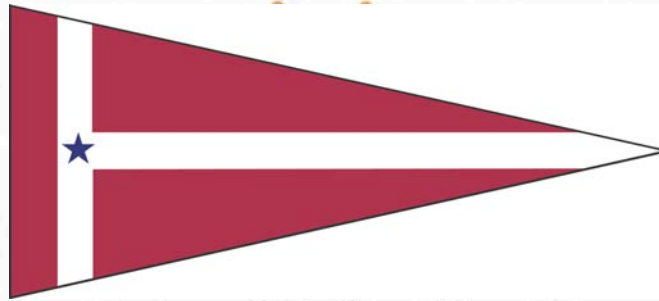
Regatta Personnel

PRO: Matt Lindblad, Cucchiaro Family Sailing Director-MIT

Bosun: Dan Tucker

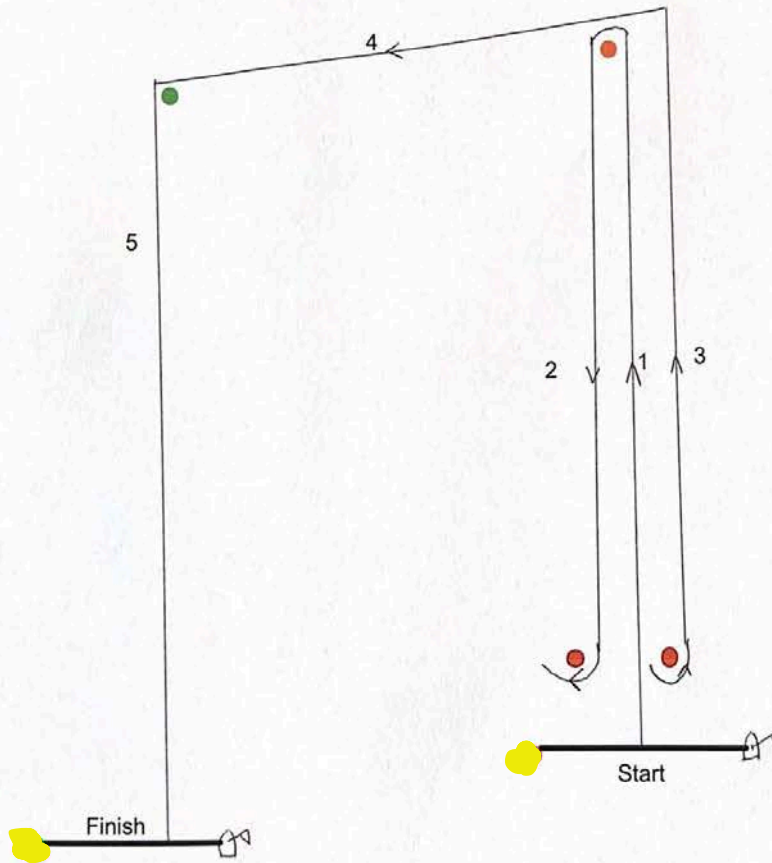
Race Committee: Mike Kanare, Ali Keenan

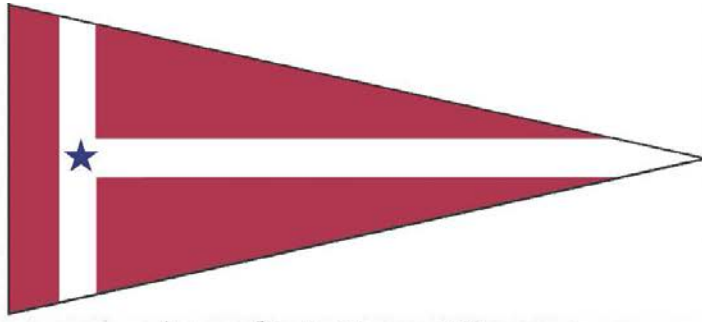
NEISA Rep: Will be announced at competitors meeting



Appendix A: Course Diagrams

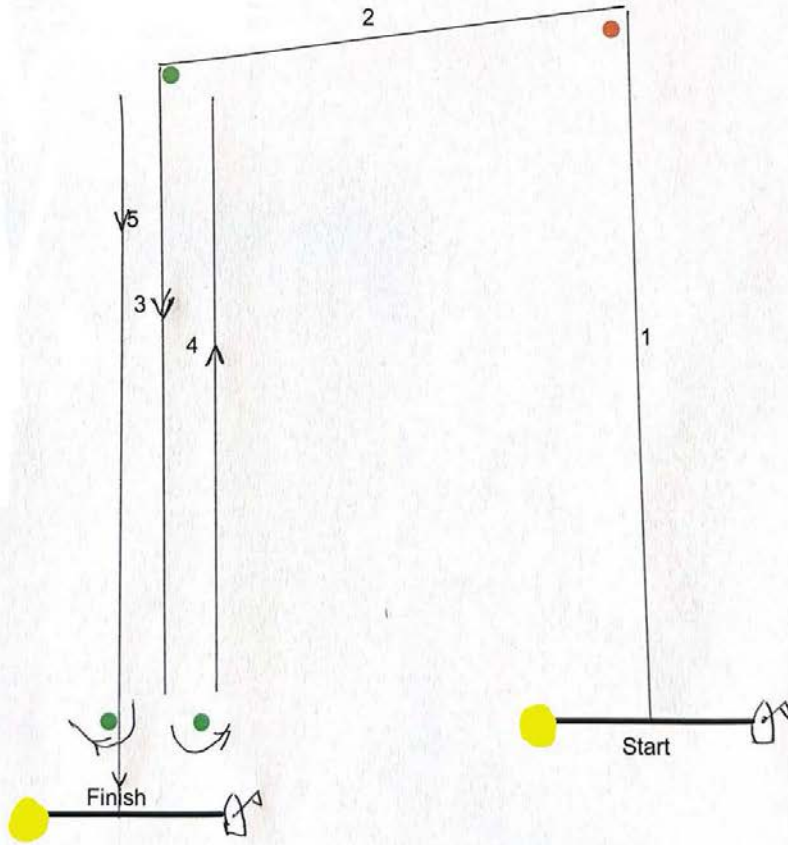
Inner Trapezoid Course

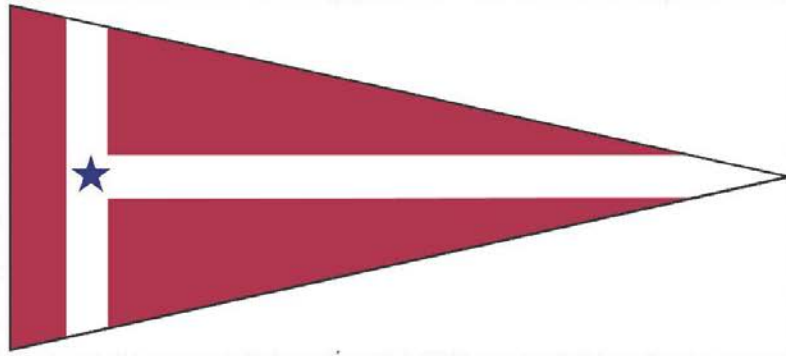




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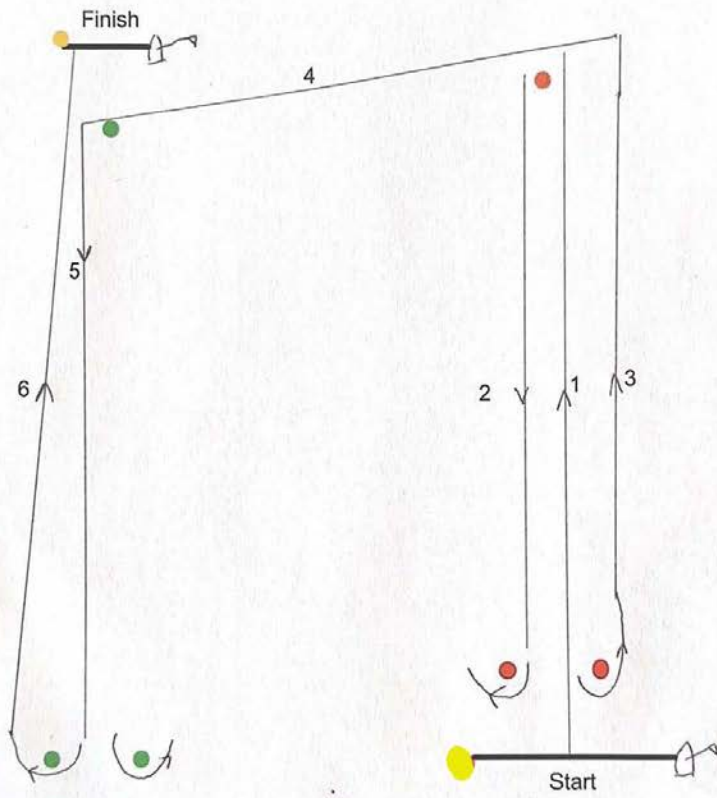
Outer Trapezoid Course

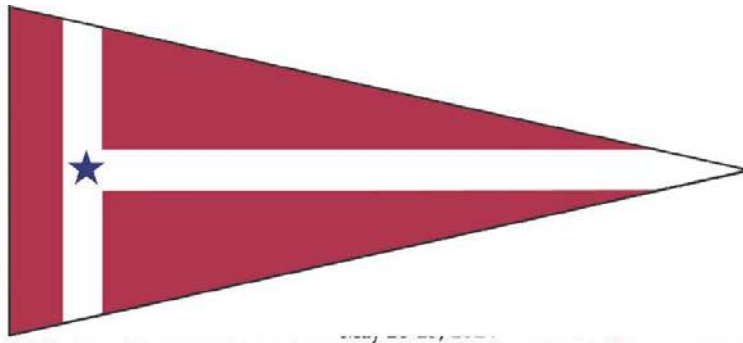




Appendix A: Course Diagrams

Inner Trapezoid "Plus" Course





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Outer Trapezoid "Plus" Course

