Admiral Moore Team Race 2026
SUNY Maritime College
SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the Racing Rules of Sailing, the ICSA Procedural Rules, the MAISA information bulletin and these sailing instructions. Races will be umpired in accordance with appendix D2. The event calls posted on the notice board shall be in effect.

2. Notices to Competitors

Notices to competitors will be posted on the Official Notice Board in the 'East Bay' on the first floor of the Waterfront Building.

3. Schedule of Races

Saturday, March 21	0900	Report Time
	0915	Competitors' Meeting
	1000	First Warning Signal
Sunday, March 22	1000	First Warning Signal
	1500	No Start After

4. Racing Area

The racing area is on the East River, west of the Throgs Neck Bridge OR in Little Bay, immediately east of the Throgs Neck Bridge.
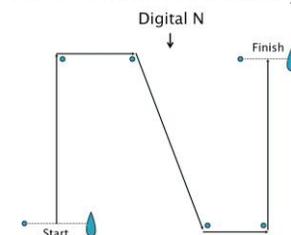
5. Format

The format will be determined by the regatta chair depending on time and conditions. The following preferred format is as follows:

5.1.   A triple round robin.
5.2.   If above is not possible in the allotted time, an alternate format will be announced by the regatta chair to provide maximum racing.
5.3.   No incomplete rounds will be scored, but races sailed in an incomplete round may be used as tie breakers.

6. Courses/Marks

6.1.   The course will be a digital N, seen below.
6.2.   The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.
6.3.   Marks will be orange inflatable balls. Under conditions of extreme current, a mark may be picked up and M flag will be displayed by a Race Committee auxiliary boat.

7. **Boats/Breakdowns/Rotations**

   420's and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. (Boats provided by the organizing authority)

   7.1.   Standing rigging may not be adjusted.
   7.2.   Breakdowns will be decided using PR 20.
   7.3.   A copy of the rotation will be posted on the official notice board of techscore. Rotations will occur at the 420 dock unless otherwise noted during breaks.

8. **Start/Finish Lines**

   Start/Finish lines will be between a staff displaying a yellow-orange start/finish flag on the Race Committee signal boat and a nearby orange mark.

9. **Starting System**

   ICSA PR 18 (b), 3-minute starting signal.

10. **Individual Recalls**

    10.1.   Individual recalls will be signaled by displaying Code Flag "X"
    10.2.   The Race Committee may attempt to notify individual boats by hailing their sail number as per ICSA Procedural Rule 18(b)(ii).
    10.3.   Failure to hear hailed number shall not be cause for redress.

11. **Protests**

    11.1.   All races will be umpired.
    11.2.   Protests may be initiated by competitors using RRS D2 as modified by ICSA PR 25 (no flag system).

12. **Scoring**

    RRS D3 and D4 shall be used, as modified by PR25.

13. **Safety**

    13.1.   A boat that retires from a race shall notify the Race Committee as soon as possible.
    13.2.   The Race Committee may ask a boat to retire from a race at any time should their safety be in question or when finish position is determined and speed of rotations may be compromised.
    13.3.   Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC or umpire as soon as possible.

14. **Coaching**

    14.1.   ICSA Procedural Rule 19 applies.
    14.2.   Coaching will be from the docks.