



## 2026 CAROLINA TROPHY REGATTA

*Hosted by Davidson College & Lake Norman Yacht Club*

### **NOTICE OF RACE / SAILING INSTRUCTIONS**

- Date / Schedule: Saturday, March 21, 2026
- |         |                      |
|---------|----------------------|
| 9:00AM  | Report time          |
| 9:30AM  | Competitors' Meeting |
| 10:00AM | First Warning        |
| 4:30PM  | No Starts After      |
- Location: Lake Norman Yacht Club, 297 Yacht Road, Mooresville, NC
- Eligibility: SAISA teams in either North Carolina or South Carolina in good standing
- Rules: This regatta shall be governed by the Racing Rules of Sailing 2025-2028 (RRS), the ICSA Procedural Rules (PR) for Intercollegiate Sailing Competition, and SAISA Rules and Regulations, except as any of these are modified by these Sailing Instructions
- Boats/Format: 420s, A/B Divisions sailed with rotations from the dock following each three-race set in alternating divisions. The standing rigging shall not be adjusted. The jib halyard is not considered standing rigging. Competitors shall report all damage or loss of equipment, however slight, to Lake Norman Yacht Club representative or to the Race Committee Finish Boat on the water.
- Uniforms: Team pinnies must be worn by all competitors.  
Do not forget to bring your pinnies!
- Registration: All competitors must be registered with the ICSA individual directory. This is an official ICSA Intercollegiate Regatta. Please complete your RP forms!
- Coaching: Shoreside or dockside coaching will be allowed. On the water coaching will not be allowed unless coach boats are provided and accessible to a coach or representative from each team.
- Penalties: RE: RRS 44.1, ICSA Modifications mandate one-turn penalties outside of the zone, with a two-turn penalty within three hull lengths of a mark. However, a boat shall retire if the incident causes serious damage or injury.
- Starting: A standard collegiate three-minute starting sequence will be used to begin races.
- Finishing: There will be a 20-minute time limit for races and RRS 35 will apply.
- Protests: Try to work out your issues on the water and exonerate yourself of any fouls, but in the unfortunate circumstance they are necessary, protests shall be filed



in accordance with the ICSA Procedural Rules. Protests shall be filed within 20 minutes after securing boats at the beginning of a shore-side postponement or after the RC. Hearings may be public and deliberations may be private.

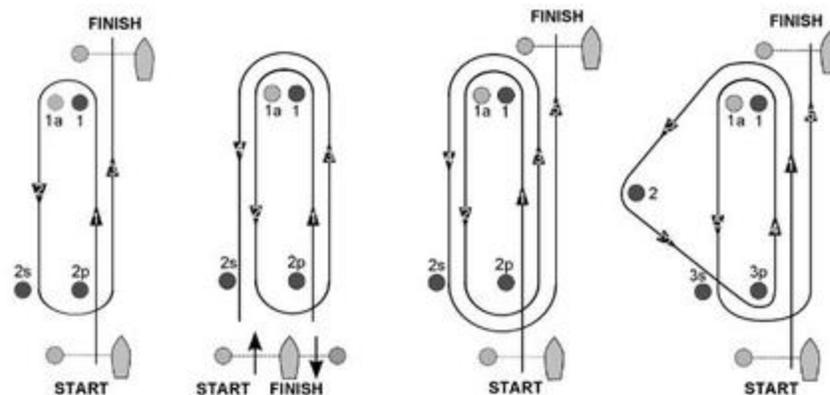
**Notices:** Any notices will be announced at the skipper's meeting before racing on Saturday morning or otherwise posted at venue or via Techscore. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

**Conference Representative:** Conference representative will be chosen on site and serve to address any issues relevant to the regatta.

**Lodging/Transportation:** There are several hotel options at exits 33 and 36 ( Mooresville, NC) off I-77. These are approximately 8-9 miles from the club. Camping is welcome on the grounds of Lake Norman Yacht Club. Campers are invited to use the showers and restroom facilities. Club rules DO NOT ALLOW PETS or OPEN FIRES on the club grounds during club events or regatta weekends. The gate will be open Friday from 3pm until 11pm for any early arrivers. It will open at 630am on Saturday. Please reach out to regatta organizers if you plan on camping Friday night to confirm your plans and ensure the facility is available to you.

**Race course/Sailing Instructions:**

Any of the following courses may be used. Additional information and clarification will be provided on site at the competitors' meeting.



- Course 3: Start, 1, 1a, 2s/2p, Finish Upwind  
 Course 4: Start, 1, 1a, 2s/2p, 1, 1a, Finish Downwind  
 Course 5: Start, 1, 1a, 2s/2p, 1, 1a, 2s/2p, Finish Upwind  
 Course 6: Start, 1, 2, 3p, 1, 1a, 3s/3p, Finish Upwind  
 Course 0: Start, 1, 2, 3, 1, 1a, Finish Downwind