



2024 College Sailing Regional Teams Championship

*Hosted by the University of New Hampshire @ Salve Regina University, Newport, RI
April 27-28, 2024*

Sailing Instructions

1. RULES

1.1 This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024(RRS), the ICSA Procedural Rules 2021-2024(PR), ICSA Collegiate Dinghy Class Rules, General Conditions for the ICSA Championships, the Notice of Race, the NEISA Rules and Regulations except as any of these are modified by these Sailing Instructions. ICSA PR 32 shall be in effect.

1.2 PR 22.b.i is deleted.

1.3. The Organizing Authority (OA) is the Intercollegiate Sailing Association and the University of New Hampshire

1.4. Prior to 1800 on 4.27.2024, schools shall enter into Techscore their list of eligible sailors competing in the regatta. Please include alternates if any.

1.5 Any questions regarding these Sailing Instructions should be submitted in writing to Principal Race Officer Lisa Downey at ldownet@maritime.edu

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the Notice Board on Techscore and on the Official Notice Board located at the Competitors Meeting in front of the Wallace Building by the Salve Regina FJ docks.

3. CHANGES TO THE SAILING INSTRUCTIONS

3.1 Any Change to the Sailing Instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE of events

4.1 A Combined Division Double Round Robin is scheduled, of which three (3) races per Division shall be required to constitute a series as provided in the ICSA PR.

Saturday

Saturday report time	1030
Competitors Meeting	1045
First warning Saturday	1120

Sunday

Sunday report time	930
First warning Sunday	1010
No start after 1500	

After Racing Saturday night. Monster Dogs at King Park – 5 minutes from the venue after racing. Meet sailors from other teams, as they are the ones you will run into in the future. Bring your own sides and water/soda. The UNH Sailing Team is providing all competitors and staff traditional grilled Monster Dogs (huge GF hot dogs). Vegetarian/Vegan options as well as GF buns will be provided.

4.2 The regatta format will be a Combined Division double round robin as per ICSA PR 22 and the event conditions.

4.3 Rotations will be found on Techscore by Friday April 26th.

4.4 The Competitors Meeting will take place in front of the Salve Regina Robin Wallace Building by the FJ dock.

Signs will be posted.

5. FORMAT

- 5.1 The regatta format will be a Combined Divisions double round robin using provided FJs and Larks
- 5.2 All competitors are strongly encouraged to bail their boats and fully ease the boom vang before landing at any dock.
- 5.3 There will be a lunch break, and all boats will be lifted onto the docks, and sails will be lowered. Please secure your boat to the dock. The end of the last morning race will determine the afternoon racing. The afternoon harbour start will be announced on shore after the last boat docks. That time will be conveyed by radio to a shore representative at the Lark or FJ docks.

6. BOATS & EQUIPMENT

- 6.1 Zim FJs and Whitecap Larks will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, if on the water to the Race Committee Boat on the water, and if on shore to Event Staff (blue shirts)
- 6.5 Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.
- 6.6 Please lift the boat into and out of the water, taking care to avoid sliding it over the dock edge to protect the bottom of the boat.
- 6.7 We anticipate using both fleets but reserve the right to modify that to one fleet, breeze-dependent. The final determination for one or two fleets will be made prior to the regatta, will be posted on the Notice board and announced at the Competitors Meeting.

7. ROTATION

- 7.1 Rotations will be posted on Techscore.
- 7.2 Saturday races will likely start in Larks; however, that will be announced at the Competitors Meeting on Saturday, and that will be weather-dependent. The fleets will switch after completion of the first round robin.

8. COURSES and MARKS

- 8.1. The Race Committee Signal Boat will announce courses orally before the warning signal and flag. If a competitor is unclear about the course, they may ask the RC for clarification at any time before the 2-minute prep signal and flag of the start of that race. Rounding marks may be red, yellow, or orange buoys.
- 8.2 The courses will be announced at the Competitor's meeting and posted on the Notice Board at the Wallace Building.
- 8.3 Any Mark of the course may be moved in accordance with PR 18 (c)(i).
- 8.4 Courses may be Windward/Leeward, Course 3, Course 4, or Course 5. If a course other than those in these Sailing Instructions is used, it will be posted on the Notice Board and announced at the Competitors' meeting.
- 8.5 The racing area will be on Narragansett Bay in the approximate area shown in Appendix A, or in Brenton Cove as decided by the Principal Race Officer.

9. STARTING AND FINISHING LINES; STARTING SYSTEM

- 9.1 Races will be started in accordance with PR 18(b)(i) with the exception that whistles may be used instead.
- 9.2 The starting line will be between the orange starting flagstaff on the Race Committee Signal Boat and the water's edge (course side) of the starting mark.

10. RECALLS

- 10.1 Individual recalls will be signalled in accordance with PR 18(b)(ii).
- 10.2 The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 10.3 Multiple horns/whistles and the hail of the words "General Recall" and a visual signal will signal a general recall. PR 18(b)(iii) shall also be in effect.
- 10.4 The "I" Flag may be displayed at any time, meaning RRS 30.1 is in effect.

11. PENALTIES AT THE TIME OF THE INCIDENT

11.1 The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

11. PROTESTS

11.1 Protests shall comply with the ICSA Procedural Rules.

11.2 Protest forms are available at lunchtime and at the end of the day in front of the Wallace Building. Protests shall be filed with the RC representative onshore within 10 minutes of reaching the FJ docks/Wallace Building during the lunch break, postponement, or the last race of the day. This changes PR 30. Protests will be heard at the lunch break or the end of the day as determined by the Protest Committee.

11.3 The competitors may not present video, data, and/or photographs taken from any source as evidence at protest hearings. This changes RRS 63.6.

11.4 The posting of the 'Protest Hearing Schedule' of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called. Hearings will be held as soon as practical.

11.5. Judges will be on the water.

12. SAFETY

12.1 Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

12.2 A capsized boat may be righted and sailed by its crew unless, the sole judgement of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored 'DNF'. The crew may request assistance, in which case the boat will be scored "DNF".

12.3 Starts will not be delayed to accommodate capsized boats. The Race Committee can finish a boat in place if that boat is significantly behind the fleet and delaying the fleet finishes.

12.4 At the Principal Race Officer's discretion, dry or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition. The waters in Narraganset are still in the low 40s.

12.5 A boat that retires is asked to notify the Race Committee and/or a Safety Boat before leaving the course area.

13. COACHING

13.1 ICSA PR 19 will apply. A coach boat and a radio for communication will be provided for coaches.

13.2 The coach boat is expected to assist with any rescues and render assistance should a competitor indicate.

14. PHOTOGRAPHY, CAMERAS, DRONES and ELECTRONIC EQUIPMENT

14.1 No drones are to be flown by any competitor or anyone associated with any competitor. Fort Adams is a state facility and prohibits their use.

14.2 A media boat will be on **and** beside the course, taking stills, which will be made available to every competitor.

14.3 The media boat may be live streaming through the ICSA Facebook page, including occasional commentary.

15. RIGHTS TO USE NAME and LIKENESS

15.1 By participating in this event, competitors automatically grant to the OA the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

16. ICSA REPRESENTATIVE

16.1 The Race Committee shall appoint a Representative who shall assist in ensuring the quality and fairness of the competition. This representative shall act as a liaison between the teams in attendance and the Race Committee Chair. The rep for this event is: (will be announced at competitors meeting on Saturday).

17. SPECTATORS

Spectator boats shall not dock at any of the launching venues and shall remain a minimum of 100 yards from competitors while racing and between races.

18. TRASH

18.1 This regatta is registered with Sailors for the Sea as a Clean Regatta. **It is designated as a carry-in and carry-out regatta.** We ask that no disposable bottles be used nor brought to the regatta in keeping with the effort to be as clean a regatta as possible. Please dispose of your trash off-site. We will have water on-site available to refill your water bottles.

19. FACILITY and DISCLAIMER

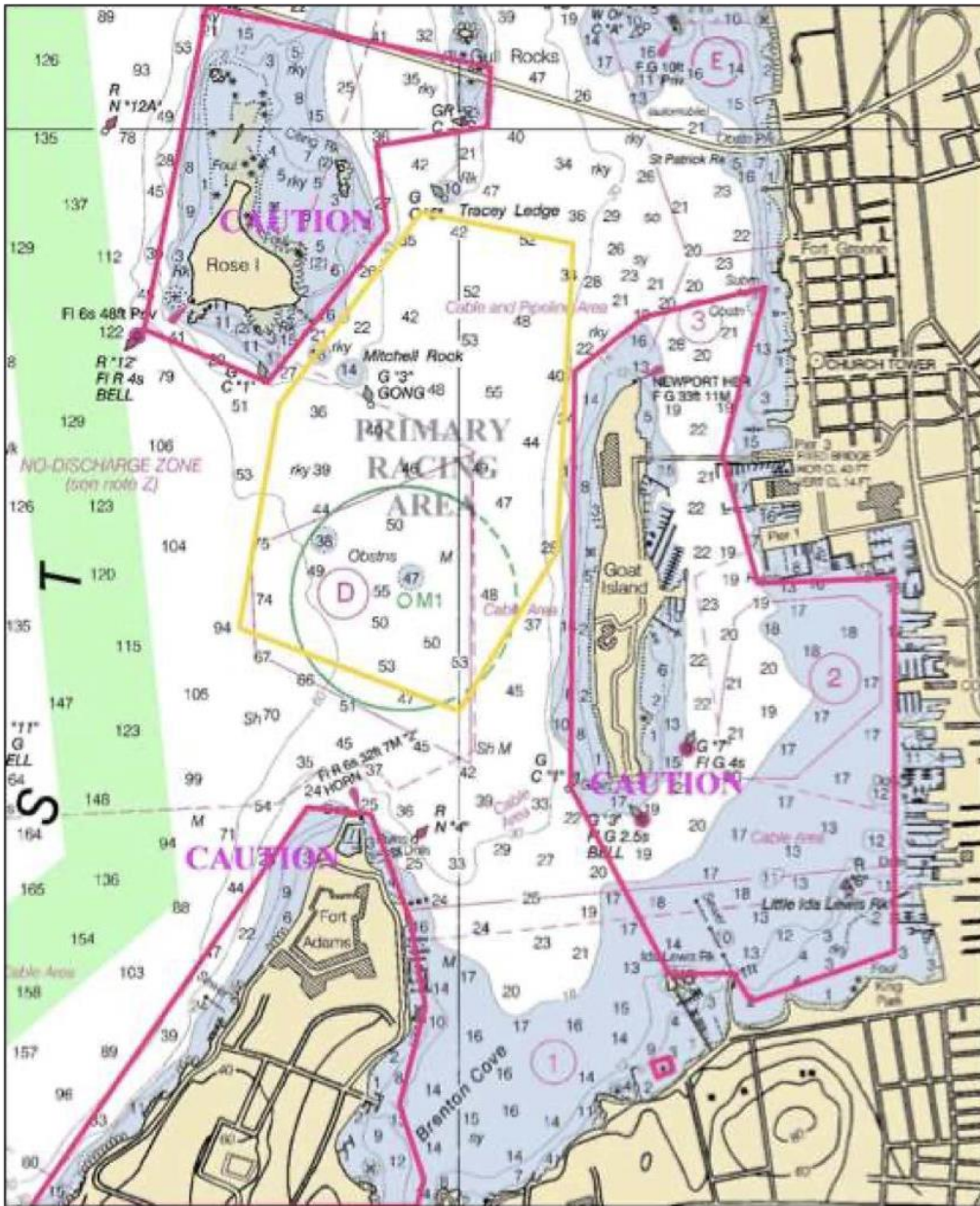
19.1. The Salve Regina Sailing Team has graciously allowed us to use their facilities to host this championship. Competitors shall participate in this regatta at their own risk (see RRS4. DECISION TO RACE). Salve Regina University, the University of New Hampshire, and/or their agents do not accept any liability for material damage, personal injury, or death sustained during, prior to, during, or after the regatta.

19.2 You may park initially in the upper lot of the SailNewport facility as designated on the map below. After the Competitor's Meeting, teams sailing Larks may move their vehicle to the parking area by the Visitors Centre. You may also park in the road leading to SailNewport as shown on the map below.

19.3. Bathroom facilities are in the bottom floor of the SailNewport main building.



Appendix A



APPENDIX B

Courses will be announced and illustrated at the Competitors Meeting and on the Official Notice Board.

