

Open New England Fleet Race Championship,
Coast Guard Alumni Bowl
Connecticut College
April 29 – 30, 2023

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by ICSA Procedural Rules, the RRS 2021 - 2024 and these Sailing Instructions. Appendix P and ICSA PR 32 will be in effect.
- 1.2 USCG-approved Type III PFDs shall be worn at all times while on the water except while actively adding or removing clothing.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board
Located in the Boathouse entrance

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions made ashore will be given before it will take effect. Changes made on the water will be announced orally by the race committee and posted on shore by the RC at the next opportunity.

4. BOATS PROVIDED BY THE ORGANIZING AUTHORITY

- 4.1 FJs and Z420s will be provided.
The following limitations shall apply:
- 4.3(a) the boats shall be sailed with the rigging and fittings as supplied. Electrical or rigging tape may be used to help prevent gear from snagging.
- 4.3(b) standing rigging shall not be adjusted nor tensions altered except by using the jib halyard.
- 4.3(c) every effort shall be made to avoid damage to hulls, rigging and sails.

5. SCHEDULE

5.1 Saturday

Report time	10:30 am
Competitors meeting	10:50 am
Harbor Start	11:00 am

Sunday Report time	9:30 am
No start after	3:00 pm

6. REGATTA FORMAT

- 6.1 The regatta format and number of races will be determined by the Race Committee, with no more than 14 races in the regatta.
- 6.2 A maximum of 10 races in each division on Saturday.
- 6.3 A Division will start in FJs on Saturday
B Division will start in Z420s on Saturday

7. RACING AREA

7.1 The racing area will be upper Thames River North of the John Forsyth and East of the Rogerians Cemetery

8. COURSE

8.1 Courses will be W4, W3, W5.

9. MARKS

9.1 The rounding marks will be standard college racing buoys.

10. START AND FINISH

10.1 The start and finish lines will be between a staff on the RC boat and an adjacent mark.

10.2 The finish line for W3 and W5 courses, will be between the windward mark and an adjacent anchored motorboat.

11. ABANDONMENT

11.1 Races may be abandoned at any time. This changes RRS 32.1. Abandonment will be signaled by oral instruction

12. INDIVIDUAL RECALLS

12.1 When flag X is displayed, it will remain displayed until all OCS boats are completely on the pre-course side of the starting line or its extensions, or for two minutes, whichever occurs first. This changes RRS 29.1

13. PROTESTS

13.1 The finish boat and the parties to the protest at the end of the race must be notified of intent to protest.

13.2 Protest forms will be available on shore

13.3 Protests may be heard during the day, if possible.

14. REDRESS

14.1 Requests for redress arising from a race shall be reported to the finish boat. All other requests for redress shall be reported to the scorer's office on the form provided.

15. Coaching

15.1 Coaching will be from shore only, no exceptions will be made.