# North Designate/St. Francis

# April 2-3, 2022

# SAILING INSTRUCTIONS (SIs)

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This regatta shall be governed by the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing, ICSA Procedural Rules, ICSA Collegiate Dinghy Class Rules, PCCSC Standing Rules, and the Notice of Race, except as modified by these Sailing Instructions.

### 2 CHANGES TO SAILING INSTRUCTIONS

**2.1** Any change to the sailing instructions will be posted before 1030 on the day it will take effect.

### 3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on Tech Score AND announced verbally on the water and/or at the rotation dock.
- On the water, the race committee will make any attempt to communicate verbally directly with competitors.

## 4 SCHEDULE OF RACES

**4.1 1000-** Competitors meeting in CMA boat basin.

**1100**- First Warning signal.

**1700 (1500 on Sunday)**- no starting sequence will be initiated after this time.

### 5 RACING AREA

**5.1** The racing area will be in Morrow Cove directly adjacent to the CMA campus waterfront.

## 6 FORMAT

- This will be a two-division open regatta. Crews will rotate every two races. Only one team per school is allowed.
- **6.2** Teams will stay in their original boats for the duration of the regatta.
- **6.3** There is a limit on 14 races per division, 28 total.

### 7 COURSES

7.1 The course will be a W4 with a leeward gate directly to windward of the line.

A diagram will be displayed in the boat basin.

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**8.1** All marks will be green or yellow balls.

### 9 THE START

- **9.1** Races will be started using a three minute dinghy sequence following a repeater.
- **9.2** An automatic starting horn will be used for the start. If the horn should fail a whistle will be used instead.
- **9.3** Boats OCS will be notified via flag. Individual verbal notification will be attempted, but not guaranteed.

#### 10 THE FINISH

- **10.1** The finish line will be the same as the starting line, with downwind finishes.
- **10.2** Boats may be scored in place to facilitate timely races.

# 11 BOATS and EQUIPMENT

- Boats are supplied to teams by request and per availability. There is no charter fee. Do not adjust the standing rigging. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- Teams are required to provide their own sails with conference assigned numbers.
- Boats are to be identified by sail numbers only. CMA supplied boats are also labelled with bow numbers. Disregard bow numbers for boat identification, use only sail numbers.
- **11.4** Competitors shall report all damage or loss of equipment, however slight, to the Race Committee.
- 11.5 For teams providing their own boats, there may be limited cradles available on the CMA docks. If not, boats are able to be kept on dollies on the cement docks, not the wooden docks. Do not block access to the Coast Guard boats.

#### 12 PROTESTS

Written protest forms shall be presented to the Race Committee within 20 minutes of their final return to shore after racing for the day. Protest forms will be available on the Tech Score notice board.

### 13 RISK STATEMENT

**13.1** RRS 3 states: 'The responsibility for a boat's decision to participate in a race or

to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.