Emily Wick Trophy



U.S. Coast Guard Academy

> New London, CT April 9-10, 2022



INFORMATION FOR COACHES AND COMPETITORS

Welcome to the 2022 Emily Wick Trophy. Please read the following information, to supplement the already published Sailing Instructions. This is for your information only and will not take precedence over the previously mentioned official document.

Arrival/Parking

- All passengers travelling to the US Coast Guard Academy should have some form of legal ID to present to the guard at the front gate. They do not always ask for everyone's IDs. But if they do and you don't have it you will likely be turned around.
- The 15 mph speed limit is strictly enforced on campus.
- There is massive construction ongoing at the Academy Waterfront and the parking has been dramatically reduced along Eagle Drive. In addition, there are several athletic events on Saturday.
- Eagle Drive is one way northbound coming from the Main Gate and exiting Rowing Center Gate from 0745-1630
- CGA Security will mark off some parking on Eagle Drive adjacent to the Jacobs Rock causeway. Once that is filled, teams will have to park further north near the Rowing Center.

Jacobs Rock

- With the exception of bathrooms and changing rooms, it is our intent to host this event entirely outside and on the water. We will look to assist in designating spaces for teams and coaches.
- ICSA Medical Guidance for Competition will be adhered to.
- NO "OUTSIDE PERSONS" WILL BE ALLOWED INSIDE JACOBS ROCK. Spectators maybe on causeway and top Deck. Please pass that word to family and friends.
- The bathrooms on the second floor of Jacobs Rock will be reserved for coaches and race officials only. Competitors are to use the bathrooms on the bottom floor ONLY.
- Competitors may not change under layers in public places. Use the locker rooms.

Racing

- The Sailing Instructions are posted online.
- Rotations will normally take place on shore. In the case that a rotation takes place on the water, competitors will be given additional time to talk to their coach.
- We will designate which dock(s) rotations will take place based on wind direction/current. Direction will be given orally when entering the basin.

Boats

- Dinghy Competitors are asked to take good care of our fleet:
 - o Tie your sail bags down before beginning to rig.
 - Always land on the leeward side of the dock. If there isn't enough room, wait.
 - o Do not step on the foredeck or jump into your boat.
 - o Do not put your rudder on while the boat is on the dock.
 - o Tie your boat to the cradle whenever it is on the dock.
 - o Do not put either sail up until you are ready to go sailing.
 - Do not sail within 20 yards of Jacobs Rock.

Coaching

• Coaches will be on land.