



2020 Navy Spring Women's Regatta

US Naval Academy – 7-8 March

Sailing Instructions



1. **RULES**
 - 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2017-2020 (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).
2. **NOTICES TO COMPETITORS**
 - 2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board located in the Robert Crown Sailing Center.
3. **CHANGES IN SAILING INSTRUCTIONS**
 - 3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.
4. **BOATS AND EQUIPMENT**
 - 4.1 Z420's, and FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
 - 4.2 The standing rigging shall not be adjusted.
 - 4.3 Mainsheets may be rigged with a 3:1 or 4:1 purchase.
 - 4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
 - 4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
 - 4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.
 - 4.7 Breakdown requests shall follow the procedure in SI 12.2.
5. **FORMAT**
 - 5.1 The regatta format will be a round robin.
6. **ROTATION**
 - 6.1 The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur at the location prescribed at the competitors' meeting.
7. **SCHEDULE OF EVENTS**

Saturday	0900	Report Time
	0920	Competitors' Meeting
Sunday	0900	Report Time
	0920	Harbor start
	1500	No Starting Signal After
8. **RACING AREA**
 - 8.1 The Racing Area will be announced at the Competitors Meeting.
9. **THE COURSE**
 - 9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
 - 9.2 Rounding marks will be orange balls.

10. START/FINISH

- 10.1 Races will be started in accordance with PCR 18(b)(i).
- 10.2 The start line will be between a staff displaying a flag on the Race Committee Start Boat and a staff displaying a flag on a pin end boat or an orange ball.
- 10.3 The finish line will be between a staff displaying a flag on a Race Committee Finish Boat and a yellow ball.
- 10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11. RECALLS

- 11.1 Individual recalls will be signaled in accordance with PCR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 After an individual recall, code flag X will be displayed until all boats that were on the course side have restarted, but no later than 1 minute after the start. This changes RRS 29.1.
- 11.3 Multiple whistles and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.
- 11.4 Following any general recall, PCR 18(b)(iii) shall also be in effect.

12. PROTESTS

- 12.1 Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PCR 29(b) is changed to "Race Committee Finish Boat."
- 12.2 Written protests, including requests for redress and breakdowns, must be filed with the scorer located near the upstairs classroom or the Robert Crown Center within 30 minutes of the last competitor in the fleet of the protesting boat's arrival ashore after the race or set of races in which the incident occurred.
- 12.3 Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.

13. COACHING

- 13.1 In accordance with PCR 19, a coach boat may be provided as described at the competitors' meeting, otherwise all coaching is to be done from the pier and seawall at the Robert Crown Sailing Center.
- 13.2 No boats, or sailors while in a boat, are allowed to make physical contact with the seawall, or persons on the seawall.

14. SAFETY

- 14.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 14.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.' This changes RRS A5.
- 14.3 Starts may not be delayed to accommodate capsized boats.
- 14.4 A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.