



Dellenbaugh Women's Trophy
Brown University/Ted Turner Sailing Pavilion
Cranston, RI
March 30-31, 2019



SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing 2017-2020 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition 2017-2020, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. RRS Appendix P will be in effect, as modified by PR 32.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the official regatta notice board located inside the Brown Classroom in the Ted Turner Sailing Pavilion.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday	1030	Report Time	Sunday 0930	Report Time
	1045	Competitors Meeting	1000	First Warning Signal
	ASAP	First Warning Signal	1500	No Starting Signal After

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. A single round robin of 18 races is scheduled. Competitors will switch boats after every two races.
- 5.3. A-Division will sail FJs on Saturday and Z420s on Sunday.
- 5.4. B-Division will sail Z420s on Saturday and FJs on Sunday.

6. BOATS & EQUIPMENT

- 6.1. Z420s and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to *the* PRO/dock staff or to the Race Committee Finish Boat on the water.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation, which is available on Tech Score.

8. MARKS

- 8.1. All rounding marks will be orange/red balls.

- 8.2. The starting mark will be a white ball. The starting line will be between a staff displaying an orange flag on the Race Committee start boat and the starting mark.
- 8.3. The finishing mark will be a white ball (same as start mark) for downwind finishes on course W4. For upwind finishes on courses W3 and W5, the finishing mark will be the windward mark (orange/red). The finishing line will be between a staff displaying an orange flag on the Race Committee Finish Boat and the finishing mark.

9. COURSE

- 9.1. Courses will be posted on the Official Notice Board in the Brown Classroom and will be Windward/Leewards with 3, 4, or 5 legs.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).

11. RECALLS

- 11.1. Individual recalls will be signaled in accordance with Procedural Rule 18(b)(ii).
- 11.2. A general recall will be used in accordance to PR 18(b)(iii). No visual signal will be given. After a general recall, the Round-an-End Rule, RRS 30.1, shall apply and no signal need be given. (Changes RRS 30.1)

12. PROTESTS

- 12.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 12.2. Protests shall be filed within 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.
- 12.3. Protests forms will be available in the Brown Classroom.

13. SAFETY

- 13.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 13.2. Starts will not be delayed to accommodate capsized boats.
- 13.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board on the morning of each day of competition.

14. COACHING

- 14.1. PR 19 will apply.
- 14.2. Coach boats may be provided for one coach or representative per team. Lifejackets will be required. If coach boats are not provided then all coaching will be from the docks/shore.