

**Sailing Instructions-Fleet Racing  
Old Dominion University**

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2017-2020, the ICSA Procedural Rules and these sailing instructions.
2. **Notice to Competitors:** Official Notices will be posted on the Regatta Notice Board located in the boat house.
3. **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be posted on the Regatta Notice Board on Techscore.
4. **Schedule of Races:**

Saturday	Report Time 0900 Competitors' Meeting 0915 First Warning Signal 9:50
Sunday	Report Time 0900 First Warning Signal 0930 Last start no later than 1600 (per MAISA Bulletin)
5. **Boats:** Shall be raced as supplied by Old Dominion University. The standing rigging shall not be adjusted.
6. **Rotation:** Schedule for boat rotation posted on Techscore and in the boat house. Rotations will take place on the floating dock. Release the vang during rotations, raise centerboard and rudders prior to approaching the dock. Kindly bail the boat on the way in.
7. **Racing Area:** The racing area will be off the shores of the University.
8. **Courses:** The diagrams on the official notice board show the courses. The courses will be designated by oral instructions from the Race Committee.
9. **Marks:** The marks will be orange balls. The starting line and finish lines will be between a staff on the committee boat at the starboard end of the line and the closest yellow ball at the port end of the line.
10. **Starts:** Races will be started in accordance with RRS Appendix S.
11. **The Finish:** If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.
12. **Protest:** Shall be delivered to the race office no later than 30 minutes after the last boat reaches the shore, following the race in which that incident occurred. This changes procedural rule 30.
13. **Damage:** Any damage shall be reported to the Race Committee upon finishing.
14. **Safety:** Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the RC as soon as possible.
15. **Capsizes:** A capsized boat may be righted and sail on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted and the competitors retire from the race.
16. **Coaching:** Will be from shore. Or if conditions and equipment allows, from a provided boat.
17. **MIASA Representative:** will be the coach from Navy