2018 Gill College Sailing
Coed National Championship
Old Dominion University, Norfolk, VA
May 29-June 1
Supporting Sponsorship from: Marlow, official supplier of ICSA, LaserPerformance, US Sailing, Selden

SAILING INSTRUCTIONS

1. RULES
1.1. This regatta shall be governed by the current (2017-2020) Racing Rules of Sailing (RRS), ICSA Procedural Rules (PR), ICSA Collegiate Dinghy Class Rules, General Conditions for the ICSA Championships, Conditions for the Intercollegiate Coed National Championship, and the Notice of Race, except as modified by these Sailing Instructions. ICSA PR 32 shall be in effect. The decisions of the protest committee will be final per Rule 70.5 for the Semifinal Round.

2. NOTICES TO COMPETITORS
2.1. Notices will be posted on the Techscore Notice Board and the window on waterside of the Sailing Center.

3. CHANGES IN SAILING INSTRUCTIONS
3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS
   May 28  1800  Coaches’ Meeting ODU Sailing Center – (Appetizer reception)
   May 29  1000  First Warning for Coed Semifinals
   May 30  1000  First Warning
                1700  No Start Signal After
   May 31  1000  First Warning for Finals
   June  1  1000  First Warning for Finals
                1700  No Start Signal After
                After Racing Awards Presentation ODU Sailing Center – (Appetizer Reception)

5. FORMAT
5.1. The format for the championship shall be as prescribed in the Conditions for the Intercollegiate Coed National Championship.
5.2. For the 1st round, the Eastern bracket will race Day 1 in FJs (sponsor sails) and Day 2 in Z420s. The Western bracket will sail the fleets in the reverse order.
5.3. For the 2nd round the A division will start in FJs (sponsor sails), B division will start in Z420s. The fleets will switch after race nine or on the second day, whichever comes first.

6. BOATS & EQUIPMENT
6.1. LaserPerformance Collegiate Dinghy FJs and z420s will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
6.2. The standing rigging shall not be adjusted.
6.3. Competitors shall report any damage or loss of equipment, however slight, to the boatswain immediately after arriving ashore or to the Race Committee on the water.
7. **ROTATION**
   7.1. The rotation of boats will be in accordance with the online rotation.

8. **THE COURSE**
   8.1. The courses will be announced orally and taken from the course diagrams on the official regatta notice board.
   8.2. Rounding marks will be orange balls.

9. **START/FINISH**
   9.1. Races will be started in accordance with PR 18(b)(i).
   9.2. The start line will be between a staff on the Race Committee Start Boat, and an orange mark or an orange staff on the Pin-end Start Boat.
   9.3. Special Signals: Semifinal round- A pink flag on the signal boat will indicate an Eastern start; green will indicate a Western start. Finals – A pink flag on the signal boat will indicate an A division start, Green will indicate a B division.
   9.4. The finish line will be between a staff on the Pin End Boat and the nearby mark orange Gill mark.

10. **PROTESTS**
    10.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
    10.2. Protests shall be filed within 20 minutes of boats return to the shore for a break in racing after the race or set of races in which the incident occurred. This changes PR 30.
    10.3. Protest forms will be available at the Race Office and shall be filed with the RC representative at the Race Office.
    10.4. Video, data and/or photographs taken from any source shall not be used as evidence at protest hearings. This changes RRS 63.6.
    10.5. RRS 66 – Reopening a Hearing is changed to add the following to the third sentence “on May 30 and June 1, the deadline for reopening a hearing is changed to thirty minutes after the decision has been announced.”
    10.6. The posting of the ‘Protest Hearing Schedule’ of a Request for Redress shall meet US Sailing prescription to rule 63.2. Requests may be made orally to the Protest Committee when the hearing is called.

11. **SAFETY**
    11.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

12. **COACHING**
    12.1. Coaching shall be from the shore or dock of Old Dominion University.

13. **RIGHTS TO USE NAME AND LIKENESS**
    13.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

14. **CAMERAS AND ELECTRONIC EQUIPMENT**
    14.1. Boats may be required to carry cameras, sound equipment as specified by the OA.

15. **Drones and U.A.V.s**
    U.A.V. / Drone operation is prohibited by anyone other than the Organizing Authority or media partners in the race area from 9:30 am through the end of racing each day.
Course Descriptions

Windward / Leeward Courses