

# Mid-Atlantic Team Race Challenge

## Sponsored by Spectrum Financial

Old Dominion University

April 2-3, 2016

### Sailing Instructions

#### 1 RULES

- 1.1 This regatta will be governed by the current version of the Racing Rules of Sailing (20013-2016), including Appendix D, the Procedural Rules for Intercollegiate Sailing Competition 2013-2016, and the Collegiate Dinghy Class Rules, except as any of these are modified by these sailing instructions.
- 1.2 All races shall be umpired in accordance with RRS D2.2, except as modified by the Sailing Instructions
- 1.3 RRS D2.2(a) is changed to "She shall hail 'Protest' and conspicuously display a raised open hand at the first reasonable opportunity for each."
- 1.4 PR 25 is changed to: RRS Appendix D shall be used for team racing regattas, deleting the red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 are changed by replacing the phrase "a red flag" with "a raised open hand."
- 1.5 RRS D4.2(b) is deleted.

#### 2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on TechScore.

#### 3 CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

#### 4 SCHEDULE OF EVENTS

##### **Saturday**

Report Time	9:00 am
Competitors' Meeting	9:10 am
First Warning	9:35 am
Umpire Debriefing	Immediately after all equipment is stored

##### **Sunday**

Report Time	9:00 am
First Warning	9:30
No Starting Signal After	3:00 pm
Award Presentation	Immediately after all equipment is stored.

#### 5 FORMAT

- 5.1 The intended format is a double round robin of all 8 teams followed by a single round of the top 4 teams.
- 5.2 If in the opinion of the Jury (with input from the regatta chairman) the proposed format cannot be completed in time, the following actions may occur:
- (i) Double round of 8 plus tie breakers. If, in the opinion of the Jury (with input from the regatta chairman), this format cannot be completed then the format will become
  - (ii) Single round of 8 plus a double final four. If, in the opinion of the Jury (with input from the regatta chairman), this format cannot be completed then the format will become
  - (iii) Single round of 8

#### 6 BOATS & EQUIPMENT

- 6.1 18 Laser Performance Flying Juniors will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. The tail of the jib halyard shall be led behind the spreader. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2 The standing rigging shall not be adjusted.
- 6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Signal Boat on the water.
- 6.5 Breakdowns will be decided using PR 20. Breakdown consideration will not be given for the failure of knots (except at the head of the main when it was determined there was not an opportunity to check it), or loss of cotter pins and rings.

- 7 ROTATION  
The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur at the docks of the Sailing Center unless otherwise prescribed by the race committee. All boats must rotate from the leeward side of the floating docks.
- 8 RACING AREA  
The racing area will be the Elizabeth or Lafayette Rivers near Old Dominion University Sailing Center and the Norfolk Yacht and Country Club.
- 9 MARKS  
All rounding marks will be Redish balls, and the start and finishing marks will be Yellow balls.
- 10 COURSES  
10.1 The Course will be the standard ICSA Starboard Digital N and will be displayed on the Official Notice Board.  
10.2 The starting and finishing lines will be between an orange staff on the committee boat end and a yellow ball.
- 11 STARTING SYSTEM  
Races will be started in accordance with PR 18(b)(iii).
- 12 RECALLS  
12.1 Individual recalls will be signaled in accordance with PR 18(b)(iv).  
12.2 A general recall will be used in accordance to PR 18(b)(v), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(v))
- 13 PROTESTS  
13.1 Protests are to be initiated using RRS D2.2. In addition, RRS D2.2(a) and RRS D2.5(a) are changed by replacing the phrase "display a red flag" with "display a raised open hand." RRS D2.5(c) is changed by replacing the phrase "displaying a yellow flag" with "displaying a raised open hand."  
13.2 Protests, and requests for redress, and breakdowns will follow the guidelines outlined in Appendix 9 in the ICSA Procedural Rules as well as the RRS.  
13.3 Written protests, and requests for redress, must be filed with the Race Committee within 15 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.  
13.4 Protest forms will be available in the Boat House.  
13.5 Requests for redress for breakdowns will be handled in accordance with PR 25.d and Appendix 9. A boat requesting redress for a breakdown shall hail "Umpire" and "Breakdown" at the first reasonable opportunity after the breakdown. No red flag is required (changes RRS D5.1). "Race Committee" is replaced by "Jury" in RRS D5.1 and D5.2 (changes RRS D5.1 and D5.2).  
13.6 RRS D2.4a is changed to read: For no penalty, a Green flag.  
RRS D2.4c is changed to read: To report the incident to the protest committee, a Black flag.
- 14 BLANK
- 15 SCORING  
15.1 RRS D3 and D4 shall be used, as modified by PR 25.  
15.2 Breakdowns will be scored in accordance with RRS D.5 as changed by PR 20.  
15.3 No incomplete round-robins will be scored, but races sailed in an incomplete round may be used to break ties.
- 16 SAFETY  
16.1 Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.  
16.2 Starts will not be delayed to accommodate capsized boats
- 17 COACHING  
PR 19 shall apply.