



**Coast Guard Alumni Bowl/NE Dinghy  
Champs  
Hosted by  
Salve Regina University  
May 2-3, 2015**



**SAILING INSTRUCTIONS**

- 1. Rules:** The regatta will be governed by the Racing Rules of Sailing (RRS) 2013-2016, the prescriptions of US Sailing, and the Procedural Rules for Intercollegiate Sailing Competition (PR) 2013-2016, as modified by these Sailing Instructions.
- 2. Notices to Competitors:** Official notices will be posted on the Official Regatta Notice Board located in the classroom in the Wallace building at Sail Newport.
- 3. Changes in the Sailing Instructions:** Any changes in the Sailing Instructions will be announced orally and posted on the official notice board before the first race in which they are to take effect.
- 4. Schedule:**
  - Saturday**
    - 0930 Report Time
    - 0945 Competitors Meeting
    - 1015 Warning Signal
  - Sunday**
    - 0930 Report Time
    - 1000 Warning Signal
    - 1500 No Starting Signal After This Time
- 5. Boats:** FJs and 420s as supplied by the Salve Regina. Standing rigging shall not be adjusted. Competitors shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable and are allowed to rig main sheets in a 3:1 or 4:1 configuration.
- 6. Rotations:** A schedule for boat rotations will be available on Techscore and if possible may be distributed after the Competitors Meeting. Boat rotations will take place either on the water, in the turning Basin, Volvo Ocean Race docks or Admirals Pier. Intent on where to rotate will be announced orally.
- 7. Course:** Courses will be designated on the Regatta Notice Board. The Race Committee will give additional oral notice. Approximate racing area is shown in APPENDIX A.
- 8. Marks:** All rounding marks will be orange APS balls.
- 9. Starts:** Races will be started in accordance with PR 18(b) (i). The starting line will be between a staff displaying an orange flag on the RC boat and the course side edge of an orange APS ball on the port side of the RC boat.
- 10. Individual Recalls:** Recalls will be signaled in accordance with PR 18(b) (ii). The maximum time Code Flag "X" will be displayed is two minutes. The Race Committee

will attempt to hail the sail number(s) of the recalled boat(s). Failure to hear the Race Committee's hail is not grounds for redress.

**11. General Recalls:** A General Recall will be signaled with a series of short horns, and the hail "General Recall". After a general recall, PR 18 (b) (iii), the Round-the-Ends rule, RRS 30.1, shall apply and no additional signal need be given. In addition, the race committee may implement PR 18 (b) (iii), the Round-the-Ends rule, RRS 30.1 at any time. This will be done by repeated hails by the race committee.

**12. Change of Course after the Start:** To maintain course configuration, marks may be moved as necessary, but no mark shall be moved when any boat is on the leg that it terminates. There will be no signal for such a course change.

**13. Abandonment:** In accordance with PR 18(d)(i), the race committee may abandon a race in accordance with RRS 32 except there will be no flags displayed for the abandonment. In addition, every effort will be made to keep the course clear of the channel. In the event that a race interferes with any commercial marine traffic or large vessel traffic, the race may be abandoned and all boats will be instructed to stand clear.

**14. Finishes:** The finish line will be between a staff displaying a orange flag on the Race Committee boat and a orange APS ball to starboard of committee boat when on a windward-leeward course with an even number of legs OR between the weather mark and offset mark on a windward-leeward course with an odd number of legs. If a boat is delaying the completion of a race, the Race Committee may establish the boat's position and score the boat points equal to last place.

**15. Scoring:** Scoring will be in accordance with PR 23 and PR 24.

**16. Penalties for Breaking Rules of RRS Part 2:** The "Two-Turns Penalty" described in RRS 44 will apply. Penalties shall be reported to the Race Committee immediately after finishing.

**17. Immediate Penalties for Breaking Rules 42:** As describe in Appendix P and modified by PR 32 will apply.

**18. Protests:** Protests shall be filed in accordance with PR 29. Failure to do so may be grounds for closing the protest under RRS 63.5. Protest forms will be available in the classroom in the Wallace building at Sail Newport. All protests shall be lodged with the Jury Representative at the Wallace Building within thirty minutes of arriving ashore. Protest filing deadlines will be posted on the official regatta notice board.

**19. Wind Strength Minimum:** PR 18 (g) will apply.

**20. Breakdowns:** PR 20 will apply. Breakdowns must be reported to the race committee immediately after finishing, or if that is not possible, at the first opportunity to contact a member of the Race Committee. Breakdowns will be lodged in the same manner as protests.

**21. Capsizes:** A capsized boat may be righted and sailed on by its crew at any time before or during the race. If the safety of the boat or crew is in jeopardy, or if the progress of the race is affected, the Race Committee may require that assistance be accepted and the boat retires from the race. Starts will not be delayed to accommodate capsized boats.

**22. Coaching:** PR 19 will apply. Coaching will be permitted between races and/or sets provided coaches have equal access and the rotation is NOT delayed.

**23. Bathrooms:** Restrooms will be located in the Sail Newport Youth Building in the south dinghy park and at the Fort Adams Information Center at the head of the Volvo Ocean Race docks at the North end of Fort Adams.

**24. Parking:** All parking will be in the Upper Parking Lot, shown in APPENDIX A, on the left before the dinghy park as you come down the hill into Fort Adams State Park. NO VEHICLES ARE PERMITTED PAST THE ADMIRALS PEIR show in APPENDIX A. All competitors, spectators, and coaches can walk to the Northern end of the park for viewing/rotations/bathrooms/coaching throughout the event. Please use caution when walking near the construction equipment for the Volvo Ocean Race village.

**25. Disclaimer:** Competitors shall participate in the regatta entirely at their own risk (see RSS 4, DECISION TO RACE). Salve Regina University does not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

**APPENDIX A**

