

Women's ACCs Round 1 B



Bowdoin College
Brunswick, ME
October 3-4 2026

BOWDOIN

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing 2025-2028-2024 (RRS), the Procedural Rules (PR) and Class Rules for Intercollegiate Sailing Competition, and the NEISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2. RRS Appendix P will be in effect, as modified by PR 32.
- 1.3. Any questions regarding these Sailing Instructions should be submitted in writing to Chief Judge Emi Ruth.

2. NOTICES TO COMPETITORS

- 2.1. Notices will be posted on the Official Notice Board located *on Tech Score*.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes in the sailing instructions will be announced orally and posted on the Official Notice Board before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

Saturday	1030	Report Time	Sunday	0930	Report Time
	1045	Competitors Meeting		1000	First Warning Signal
	ASAP	First Warning Signal		1500	No Starting Signal After
	1800	No starting signal after			

5. FORMAT

- 5.1. The event will be sailed in two divisions.
- 5.2. A single round robin of 14 races is scheduled. Competitors will switch boats after every two races.
- 5.3. *A-Division will sail 420s on Saturday and FJs on Sunday.*
- 5.4. *B-Division will sail FJs on Saturday and 420s on Sunday.*

6. BOATS & EQUIPMENT

- 6.1. *420s and FJs* will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee on the water.

7. ROTATION

- 7.1. The rotation of boats will be in accordance with the online rotation, which will be available prior to the competitors' meeting.

8. MARKS

- 8.1. All rounding marks will be *orange, yellow, or green balls*.

- 8.2. The starting mark will be an orange ball. The starting line will be between a staff displaying a *black Bowdoin Flag* on the Race Committee Start Boat and the starting mark.
- 8.3. The finishing mark will be an orange or green. The finishing line will be between a staff displaying a *black Bowdoin Flag* on the Race Committee Finish Boat and the finishing buoy.

9. COURSE

- 9.1. Courses will be posted online and on the official notice board.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).

11. PROTESTS

- 11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.
- 11.2. Protests shall be filed with 30 minutes of securing boats to the shore after the race or set of races in which the incident occurred. Protest time limits will be posted on the Official Notice Board. This changes PR 30.
- 11.3. Protests forms will be available *in the coach's office of the Leighton Sailing Center*.

12. SAFETY

- 12.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Starts will not be delayed to accommodate capsized boats.
- 12.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board on the morning of each day of competition.

13. COACHING

- 13.1. PR 19 will apply.