

Frosh-Soph & UCSD Open



Pacific Coast Collegiate Sailing Conference & UCSD Sailing

October 11-12th, 2026

SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1. RULES

- 1.1. The Organizing Authority (OA) is the Pacific Coast Collegiate Sailing Conference in conjunction with host UCSD Sailing.
- 1.2. The event is governed by the rules as defined in the current *The Racing Rules of Sailing*, the prescriptions of US Sailing, Procedural Rules for Intercollegiate Sailing Competition, ICSA Collegiate Dinghy Class Rules, PCCSC Standing Rules, and the Notice of Race (NoR), except as modified by these SIs.
- 1.3. In case of a disagreement between the NoR and the Sailing Instructions (SI's), the SI's will take precedence.
- 1.4. Competitors shall comply with the ICSA Contestant Conduct Rule established in PR 16(a) and PR 16(b), which outlines that no competitor shall use any federally controlled substance including, but not limited to, marijuana and alcoholic beverages.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors and changes to the SI's may be announced verbally at the rotation area or competitor meeting and may be posted on the notice board located online.
- 2.2. The online location of the notice board shall be on the website Techscore (<https://scores.collegesailing.org/>), on the page corresponding to the regatta and division's name.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Changes to the sailing instructions will be posted before 1030 on the day they will take effect, except any changes to the schedule of races will be posted by 1800 on the day before they will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals ashore shall be made by verbal hail and may be flown on a staff above the rotation dock.
- 4.2. [NP] During an onshore postponement, boats shall not leave the dock or beach without permission from the Race Committee.

5. SCHEDULE OF EVENTS

October 11th

0900 Report time + Registration

1015 Competitors' Briefing

1100 First Warning

October 12th

1000 Report Time

1100 First Warning

1600 No Further Warnings

6. ROTATIONS

- 6.1. Unless directed by the Race Committee, all boats shall rotate off the dock attached to the MBYC Junior's Room.
- 6.2. The Race Committee afloat or ashore, at their discretion, may direct boats to rotate off the beach to the southwest of the rotation dock.
- 6.3. [NP] No boats shall dock at the MBYC Main Clubhouse Dock except in case of an emergency. A boat who breaks this rule shall be disqualified from her previous race without a hearing.

7. BOATS & EQUIPMENT

- 7.1. Competing teams are responsible for bringing their own CFJ's with PCCSC legal sails.
- 7.2. The standing rigging shall not be adjusted.
- 7.3. Limited boats for charter may be available, please contact Mitchel Sanford (mgsanford@ucsd.edu) for information. Charter price is \$150.00 for the weekend. If you are chartering, you must bring your own sails that are PCCSC legal.
- 7.4. Competing teams are responsible for bringing their own CFJ's with PCCSC legal sails.
- 7.5. If there is a shortage of charters, schools traveling the largest distances will be given the charters. The final decision on who gets charters is up to the discretion of UCSD Sailing and MBYC.
- 7.6. [NP] Teams competing in the Frosh – Soph Division shall differentiate their vessels by tying a piece of pink flagging to the top of their sail.

8. VENUE NOTES

- 8.1. [NP] Unless a member or guest of a member of MBYC, no competitor, support person, or spectator shall at any point during the event, except in case of emergency, be present on the MBYC Main Clubhouse Dock or on the MBYC Main Clubhouse Patio, or elsewhere in the MBYC Main Clubhouse except as allowed by SI 8.2.

- 8.2. [NP] Competitors, support people, and spectators may enter the MBYC clubhouse for the purpose of ordering food from the MBYC galley for the duration of time that it takes them to order food.
- 8.3. [DP] Support people and spectators shall not consume alcohol not purchased at the venue.
- 8.4. Pets are not permitted on the venue's premises.

9. COURSES, MARKS & LINES

- 9.1. The start line shall be between an orange flag on a Race Committee vessel and a flag mark.
- 9.2. The finish line shall be between a blue flag on a Race Committee vessel and a standard ball mark.
- 9.3. Boats shall not cross the starting line except when preparing to start or starting.
- 9.4. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.5. All turning marks are to be left to port, except for the course left Leeward Gate mark which is to be left to starboard.
- 9.6. The following signals shall be used to indicate the corresponding courses:

W3: Start – Windward – Offset – Leeward Gate – Upwind Finish

W4: Start – Windward – Offset – Leeward Gate – Windward – Offset – Leeward Gate – Downwind Finish

W6: Start – Windward – Offset – Leeward Gate – Windward - Offset – Leeward Gate – Windward – Offset – Leeward Gate – Downwind Finish

10. PROTESTS

- 10.1. The protest time limit shall be 15 minutes past the time that the Race Committee Vessel returns to the dock once racing has concluded for the day.

10.2. Protest forms may be submitted to any member of the Race Committee, including its designate(s) on land.

APPENDIX I

This section of the SIs solely serves as suggestions and reminders. None of the information within Appendix I constitutes a Sailing Instruction.

Reminders to Competitors

1. The Frosh-Soph Division is generally sailed by sailors in their first two years on the team, and who may be new to the sport.
2. Competitors are reminded that PR 39 states Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or
3. Competitors are reminded that under PR 21(d), in RRS 44.2 insert after the first sentence:
“However, if there is an offset mark set near the windward mark, a boat may take a penalty for an incident in the zone around the windward mark or on the leg between the windward mark and the offset mark as soon as possible after leaving the zone around the offset mark.”
4. Competitors are reminded that under PR 29(b), a protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protested boat of her intent to protest. Failure to do so may be grounds for closing the protest (Changes RRS 60.2(a)(1)).
5. Please fill out your RPs guys it’s such a hassle to give out the penalties.
6. MBYC has requested that sailors attempt to carpool to the venue, and if possible park outside of the MBYC lot as it has limited space.