

Sailing Instructions
Jack Boehringer '52 Memorial & Susan Rogers
Regattas
Merrill Family Sailing Center
September 19-20, 2026

1. RULES

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2025-2028, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2025-2028 (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board located on techscore.

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any changes in the sailing instructions will be announced orally and, when possible, posted before the first race in which they are to take effect on techscore.

4. BOATS AND EQUIPMENT

- 4.1 Simmons 420s & Whitecap FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 The standing rigging shall not be adjusted.
- 4.3 Mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.5 Competitors shall report any damage or loss of equipment, however slight, to the race committee. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.
- 4.7 Breakdown requests shall follow the procedure in SI 14.2.

5. FORMAT

- 5.1 The regatta format will be a max of 14 Races.
- 5.2 Jack Boehringer fleet will sail FJs on Sat, 420s on Sun. Susan Rogers fleet will do the opposite

6. ROTATION

- 6.1 The rotation of boats will be in accordance with the online rotation on techscore. Boat exchanges will occur at the docks in the same location where launching occurs.

7. SCHEDULE OF EVENTS

Saturday

Report time	1030
Competitor's meeting	1045
First warning signal	1100
No start after	1800

Sunday

Report time	0930
First warning signal	1000
No start after	1500

8. RACING AREA

- 8.1 The Racing Area will be the Southern End of Cayuga Lake.

9. THE COURSE

- 9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board. Windward leeward courses may include an offset mark.
- 9.2 Turning marks will be orange balls.

10. START/FINISH

- 10.1 Races may be started in accordance with Appendix C in the ICSA Procedural Rules.
- 10.2 The start line will be between a staff displaying an orange flag on the Race Committee Start Boat, and an orange mark. We may use a pin boat.
- 10.3 The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and the closest orange buoy. In the case of an upwind finish, between two buoys.
- 10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11. RECALLS

- 11.1 Individual recalls will be signaled in accordance with PCR 18(b)(ii). The Race Committee will attempt to hail the boat(s)/sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 Multiple whistles/horns and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.
- 11.3 Following any general recall, PCR 18(b)(iii) shall also be in effect.

12. CHANGES OF COURSE AFTER THE START

- 12.1 Any mark of the course may be moved in accordance with PCR 18(c)(i).

13. ALTERNATIVE PENALTIES

- 13.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

14. PROTESTS

- 14.1 Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. See ICSA PR 29.
- 14.2 Protests shall be filed within 15 minutes of the last boat in the fleet in question reaching the shore after the race in which the incident occurred. Changes PCR 30.
- 14.3 Protest forms are available in the coach's office. All other procedures are standard.

15. SAFETY

- 15.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 15.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'
- 15.3 Starts may not be delayed to accommodate capsized boats.
- 15.4 A boat that retires shall notify the Race Committee either before leaving the course area or immediately upon arriving ashore.