



2026 SAISA Women's and Open Singlehanded Championship September 12-13, 2026

Host: University of Miami

Venue: U.S. Sailing Center, 2476 S. Bayshore Dr., Miami, FL 33133

SAILING INSTRUCTIONS

1 RULES

- 1.1** The regatta will be governed by the current Racing Rules of Sailing 2025-2028 (RRS), the ICSA Procedural Rules (PR) for Intercollegiate Sailing Competition 2025-2028, and the SAISA Rules and Regulations, except as any of these are modified by these Sailing Instructions.
- 1.2** RRS 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, **and** did not see, the incident or".
- 1.3** Class legal ILCA 6 & 7 equipment shall be used.
- 1.4** ILCA Class legal electronic or analog compasses are permitted. This changes Collegiate Dinghy Class Rule 7.2.

2 NOTICES TO COMPETITORS

- 2.1** Notices will be posted electronically on the Techscore Notice Board, with any updates being posted on the regatta notice board located on the 1st floor breezeway of the U.S. Sailing Center.

3 CHANGES IN SAILING INSTRUCTIONS

- 3.1** Any changes in the sailing instructions will be announced orally and, when possible, posted before the first race in which they are to take effect.

4 BOATS AND EQUIPMENT

- 4.1** All boats in the Women's Championship must be ILCA 6 (radial rig) following all ILCA 6 Class rules. The Open Championship must be ILCA 7 (full rig) following all ILCA 7 Class rules.
- 4.2** Boats and rigs must be supplied by each competitor (i.e. bring your own boat).

5 SCHEDULE

- 5.1** Report time for Women's Championship Saturday is 09:00 at the U.S. Sailing Center.
- 5.2** There will be a Competitors Meeting at 09:45 on Saturday in the USSC breezeway. Competitors should be ready to race immediately following the Competitors Meeting.
- 5.3** Races will be conducted as expeditiously as possible with due consideration for unavoidable delays.
- 5.4** The Race Committee may commence the starting sequence prior to the arrival of a boat or boats taking an inordinate amount of time arriving in the starting area.
- 5.5** Report time for the Open Championship will be 14:00 Saturday. An attempt to get racing in for the Open's will occur at the completion of the Women's Championship.
- 5.6** Sunday Report time for Open Championship will be 09:00.
- 5.7** No race will be started after 17:00 on Sunday.

6 RACING AREA

- 6.1** Racing will be in the waters of Biscayne Bay offshore of the U.S. Sailing Center.

7 COURSES

- 7.1** Course diagrams will be posted on the Official Notice Board on Techscore and described at the Competitors Meeting.
- 7.2** The course shall be announced by the Race Committee prior to the warning signal.
- 7.3** The Race Committee reserves the right to shorten courses as conditions warrant.

8 MARKS

- 8.1** The windward mark will be a large orange cylinder. All other rounding marks will be orange/red balls.
- 8.2** The starting mark will be an orange ball. The starting line will be between a staff displaying an orange flag on the Race Committee start boat and the starting mark.
- 8.3** The finishing line will be between a staff displaying an orange flag on the Race Committee boat and the finishing mark.

9 THE START

- 9.1** Races will be started in accordance with RRS Appendix U (Audible-Signal Racing System).

10 RECALLS

- 10.1** Individual recalls will be signaled by the display of code flag X, with an accompanying sound signal. The race committee may attempt to hail sail numbers of recalled boats. The delay of such a hail, or the failure of a competitor to hear such a hail shall not be grounds for granting redress. This changes RRS 62.1(a).
- 10.2** General recalls will be signaled by a series of short whistles. After a general recall, RRS 30.1 (the I-Flag Rule) shall apply, without the display of Code Flag I.

11 SAFETY

- 11.1** US Coast Guard approved PFD's must be worn at all times by all competitors while on the water, in accordance with PR13(c).
- 11.2** Competitors who require assistance should signal by waving both arms overhead. A capsized boat may be righted and sailed by its skipper. Starts will not be delayed to accommodate capsized boats.
- 11.3** If the safety of a boat is in jeopardy, or if the progress of the regatta is affected, the race committee may require that assistance be accepted and the boat retire from the race.
- 11.4** Any boat that retires from a race shall notify the Race Committee before leaving the course area. If that is not possible, they shall notify the Race Committee immediately after arriving ashore. Failure to do so may result in disqualification from that day's races without a hearing.

12 HEARING REQUESTS

- 12.1** A written protest or redress request must be submitted to the Principal Race Officer at the first reasonable opportunity and no later than 30 minutes after the signal boat has docked.
- 12.2** A protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protestee of intent to protest. Failure to do so may be grounds for dismissing the protest under RRS 63.4.

13 COACHING

Powerboat(s) will be provided for on-water coaching. Each team may have one coach (or one team member) on these shared coach boat(s) .

14 EVENT CONTACTS

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