

SAISA South Trophy
Sailing Instructions
Saturday, September 19, 2026 USF St. Petersburg campus

1. Rules - The Regatta will be governed by the rules as defined in the current Racing Rules of Sailing, the prescriptions of US Sailing, ICSA Procedural Rules (PR), the Notice of Race (NOR), and these Sailing Instructions (SI's).
2. Notices – Notices to competitors will be posted on Techscore. It is the responsibility of each sailor to check for information. Posted instructions may be superseded by verbal instructions from the Race Committee.
3. Boats – (18) FJ's shall be used and the standing rigging shall not be adjusted.
4. Format - The event will be combined divisions. A maximum of 12 races will be sailed.
5. Rotations – Rotations will be posted on TechScore.
6. Schedule
Saturday, September 19, 2026
0900 report time
0915 competitors meeting, first warning ASAP
1800 No race will be started after this time
7. Race Area - The Race Area will be described at the competitors' meeting.
8. Course - The Course will be announced verbally at the beginning of each race. Courses will be W2, W3, W4, or W5 with a windward offset and a leeward gate.
9. Marks - All rounding marks will be orange buoys.
 - 9.1 The starting line will be between a staff with blue flag on the signal boat and an orange buoy.
 - 9.2 The finishing line will be between a staff with blue flag on the signal boat and the starting buoy or a staff with blue flag on an upwind finish boat and the closest adjacent orange mark, sailing upwind.
10. Starting Signals - The 3-minute system as described in PR 18(b)(i) will be used. When Code Flag I is displayed prior to the warning signal (Rule 30.1) is in effect.
11. Recalls - Individual Recalls will be signaled by the display of Code Flag X with accompanying sound signal(s). Individual boat numbers will be hailed if possible. Code Flag X will remain hoisted until all boats have started properly, or for a period of no less than 2 minutes. General Recalls will be signaled by multiple sounds and the hail of "general recall".
12. Changing the Course - After the starting signal, the Race Committee may change one or more marks of the course provided no competitor is on that leg.
13. Safety - Each competitor shall wear a USCG approved PFD on the water.
14. Protests – Time limit for protests will be within 15 Minutes of Docking of the RC.
15. Breakdown - Breakdowns must be filed in accordance with the ICSA Procedural Rules. The Race Committee must be notified as soon as possible after the race or after the breakdown occurs, whichever is appropriate.
16. Other Rules - All competitors shall be aware of the proximity of the course to the Coast Guard base. NO competitor shall sail within 100 yards of the base when racing or during the time between races. Penalty shall be DSQ from that race, if in progress, or the next race (if between races).