# MAISA Fall Women's Championship
# Hobart and William Smith Colleges
# Sailing Instructions

October 31 – November 1, 2026

**1. RULES**

1.1 This regatta will be governed by the 2025-2028 version of the Racing Rules of Sailing and the prescriptions of US SAILING; the Procedural Rules and Class Rules for ICSA; except as any of these are modified by these sailing instructions.

**2. NOTICES TO COMPETITORS**

2.1 Notices to competitors, including boat rotations and courses, will be posted on the official regatta notice board located on TechScore.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1 Any changes in the sailing instructions will be posted by the Race Committee before the first race of the day in which they are to take effect. Any change to the schedule of races will be posted by 1800 on the day before they will take effect.

**4. BOATS AND EQUIPMENT**

4.1 Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

4.2 The standing rigging shall not be adjusted.

4.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

**5. FORMAT**

5.1 The regatta format will be a fleet racing regatta and shall be run under PR 21.

**6. ROTATION**

6.1 The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur on the floating dock. Competitors may only pull up boats on the dock during the rotation period with the permission of the race committee.

**7. SCHEDULE OF EVENTS**

| | | |
|---|---|---|
| Saturday | 1030 | Report Time |
| | 1115 | First Warning |
| Sunday | 0930 | Report Time |
| | 1015 | First Warning |
| | 1500 | No Starting Signal After |

**8. RACING AREA**

8.1 North End of Seneca Lake.

**9. WIND STRENGTH MINIMUM**

9.1 Races should not be started unless the Race Committee is satisfied that the wind speed in the starting area, and, to the best of its belief, on the rest of the course, is in excess of an average of four knots (4.6 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored. Current should be taken into consideration.

**10. THE COURSE**

10.1 The courses will be taken from Sailing Instruction Appendix A.
10.2 Rounding marks will be orange balls as per Appendix A.
10.3 Gate Marks will be yellow balls as per Appendix A.

**11. START/FINISH**

11.1 Races will be started in accordance with PR Appendix C.
11.2 The start line will be between a staff displaying an orange flag on the Race Committee Boat and an orange ball to port.
11.3 The finish line will be between a staff displaying an orange flag on the Race Committee Boat and an orange ball to port.
11.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

**12. RECALLS**

12.1 Individual recalls will be signaled in accordance with RRS 29.1 and PR 18 (B)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
12.2 Multiple whistles and the hail of the words “general recall” will signal a general recall. After a general recall, the “round-the-end” prevision RRS 30.1 and PR 18(B)(iii) will be in effect.

**13. CHANGES OF COURSE AFTER THE START**

13.1 Any mark of the course may be moved in accordance with PR 18(C)(i).

**14. ALTERNATIVE PENALTIES**

14.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1and 44.2.
14.2 All penalties shall be reported to the Race Committee Finish Boat promptly after finishing.

**15. PROTESTS**

15.1 Protests shall be filed in accordance with the PR 29.
15.2 Protests shall be filed in accordance with the PR 30.

**16. SCORING**

16.1 In accordance with PR 23 and 24.

**17. BREAKDOWNS**

17.1 In accordance with PR 20 and Appendix E.

**18. COACHING**

18.1 In accordance with PR 19.
18.2. Coaching may be from on land or on the water.

**19. ICSA REP**

19.1 The ICSA Rep will be the Fordham Coach.

**20. SAFETY**

19.1 The first sentence of PR 13(c) is deleted and replaced with "Each competitor shall wear a USCG - approved inherently buoyant Type III, Type V, Level 50 or Level 70 PFD at all times while on the water except briefly while changing or adjusting clothing or personal equipment.

19.2 It is recommended that all competitors wear either a Dry Suit or Wet Suit when afloat.

19.3 A boat requesting assistance from support boats should signal by waving hands overhead.

19.4 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat may be scored 'DNF.'

19.5 Starts will not be delayed to accommodate capsized boats.

19.6 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

19.7 If the safety of the boat, and or crew is in jeopardy, or the progress of the regatta is affected, the race committee may require that assistance be accepted. A boat that refuses such assistance may be disqualified.