2026-2027 College Sailing
Single-Handed National Championship
For the Glen S. Foster and the Janet Lutz Trophies

Hosted by American Yacht Club (AYC)
499 Stuyvesant Avenue, Rye, NY 10580
Nov 7-8, 2026

Sailing Instructions (SI)

1. RULES

1.1. The regatta will be governed by the rules as defined in the *Racing Rules of Sailing* 2025-2028 (RRS), the current Intercollegiate Sailing Association (ICSA) Procedural Rules (PR), The Collegiate Dinghy Class Rules, the ICSA Championship Conditions, this Notice of Race, and the Sailing Instructions.

1.2. If there is a contradiction between the ILCA Class Rules and the ICSA Procedural Rules, the ICSA Procedural Rules shall take precedence.

1.3. Compasses that are compliant with ILCA Class Rules shall be permitted for this event. This changes ICSA Class Rule 7.2.

1.4. ICSA PR 32 will apply.

1.5. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or".

1.6. The US prescription preamble part (a) to RRS Part 5, Section B, is deleted.

2. COMMUNICATIONS WITH COMPETITORS

2.1. The Official Notice Boards will be Techscore (Foster site, Lutz site)and the Regatta WhatsApp, with the exception of protest/redress hearing notices, which will use a physical notice board located on the front porch of the AYC clubhouse.

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3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the Sailing Instructions will be announced verbally and posted on the Notice Board before the first race in which they are to take effect.

4. SCHEDULE

Friday Nov. 6, 2026

1300 - 1730 On-site registration at American Yacht Club's JAYC House, charter boat pickup, and sail assignment. Practice is not permitted.

Saturday Nov. 7, 2026

0800 Breakfast
0830 On-site charter pickup
0900 Report time, on-site registration
0915 Competitors' Meeting at AYC JAYC House
1030 First Warning Signal

Sunday Nov. 8, 2026

0800 Breakfast
0900 Competitors' Meeting
1000 First Warning Signal
1500 No warning signal will be sounded after this time.
Trophy presentation will be ASAP after racing concludes.

Changes to the schedule will be posted on the Notice Board.

5. FORMAT

5.1. There shall be a maximum of 14 races sailed. The number of races completed for the ILCA 6 and ILCA 7 fleets may be different.

5.2. There will be no boat rotation.

6. BOATS

6.1. The Janet Lutz Trophy will be raced in ILCA 6. The Glenn S Foster Trophy will be raced in ILCA 7. All boats must be chartered from the official supplier, Zim Sailing.

7. VENUE

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7.1. The racing area will be located outside of Milton Point Harbor within 1 nm of Red Bell Buoy 42.

8. CLASS FLAGS

8.1. The Class flag for the ILCA 6 will be ILCA logo on a yellow field.

8.2. The Class flag for the ILCA 7 will be ILCA logo on a white field.

9. COURSES AND MARKS

9.1. The diagram in SI Addendum 1 shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9.2. The start and finish marks will be yellow inflatables. All other marks will be orange inflatables.

10. START/FINISH

10.1. The start line will be between an orange flag on the signal boat on the starboard end and the course side of the port-end starting mark.

10.2. The finish line will be between a blue flag on the signal boat on the starboard end and the course side of the port-end finishing mark.

11. REQUESTS FOR HEARINGS

11.1. Request for Hearing forms will be available at the protest desk located on the front porch of the AYC clubhouse.

11.2. The protest time limit will be 30 minutes after the signal boat has docked. The time limit, as well as hearing notices, will be posted on a physical board by the protest desk.

11.3. Hearings will take place in the AYC Trustee Room located just inside the clubhouse, unless the parties are notified of a different location.

12. COACHING

12.1. Coaching may only take place from shore or an OA-provided boat. A school with 1 competitor at the event shall only have one coach on the water. A school with more than 1 competitor may have up to 2 coaches on the water. Sailors may not stay alongside a coach boat for more than 3 minutes after each race if another sailor is waiting to talk to a coach and needs room to come alongside.

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13. REGATTA CONTACTS

13.1. Regatta Co-Chairs:

Fordham Sailing Director Brendan Feeney (bfeeney5@fordham.edu)

AYC Sailing Director Kevin Broome (americanycsailing.gmail.com)

Chief Judge Giff Constable (giff.constable@gmail.com)

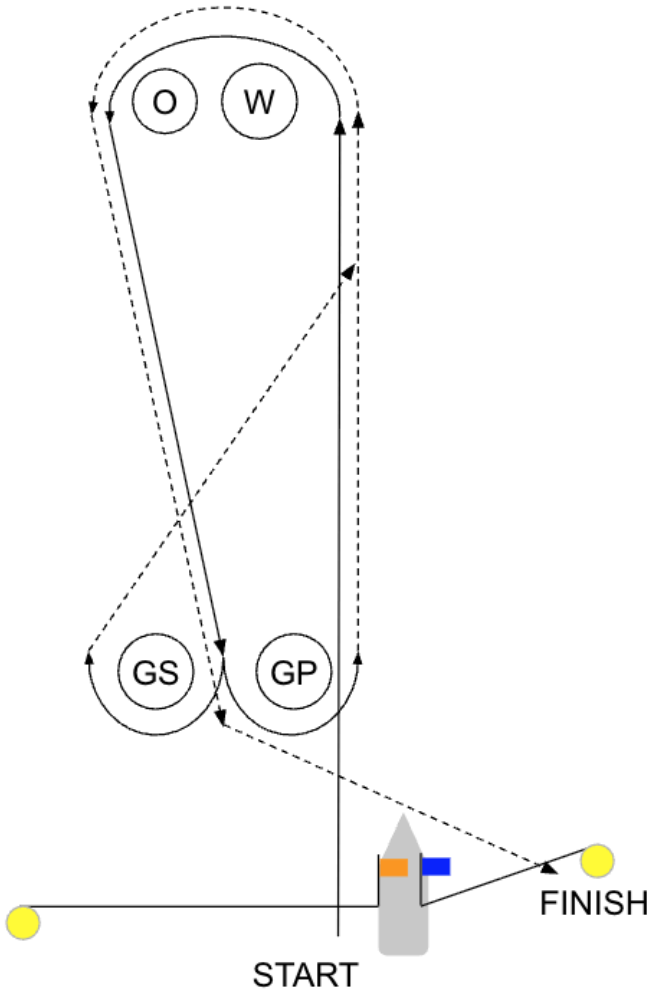
American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580

ADDENDUM 1: COURSE INFORMATION

Races will be W4 with the following rounding order:

Start - W - O - gates GS/GP - W - O - GP (to port) - Finish

Note 1: on the second downwind, GS is not a mark of the course.



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