CGA Women's J70 Invite

U.S. Coast Guard Academy
New London, CT
Nov 7-8, 2026

INFORMATION FOR COACHES AND COMPETITORS

Welcome to the CGA Women's J70 Invite. Please read the following information to supplement the Sailing Instructions. This is for your information only and will not take precedence over the previously mentioned official document.

Arrival/Parking

- **All passengers travelling to the US Coast Guard Academy is required to have a REAL ID or passport to present to the guard at the front gate.** They do not always ask for everyone's IDs. But if they do and you don't have it you will likely be turned around. If you are driving, you must present a REAL ID.
- **Please reach out to Coach Sam if you have an international sailor attending.**
- The 15 mph speed limit is strictly enforced on campus.
- Parking will be more difficult this year as there is a large construction project going on around the waterfront. Please find a spot along Eagle Drive, or over by the MCOE and be prepared to walk.

Jacobs Rock

- Competitors, coaches and spectators are welcome to use Jacob's Rock.
- There are locker rooms on the first floor and bathrooms on the second floor.
- Competitors may not change under layers in public places. Use the locker rooms.
- There is a water fountain on the 2nd floor to fill water bottles.

Racing

- The Sailing Instructions will be posted online the week of the event.
- Depending on conditions we will either rotate on the water with rib assistance or off our outermost dock.
- We will rotate every 3 races. Please rotate with your spinnaker but leave the soft shackle onboard.

Boat

- J70 Competitors
  - Sail bags, mainsail covers, fenders and dock lines will stay with boats, stored below.
  - All boats will be properly de-rigged and stored at the end of racing each day.
  - **Jibs shall only be furled at a beam reach or below angle whether racing or in between races**. Care of the jib furling system is paramount to prevent mishaps. If the jib is auto-unfurling, it is possible that you have your backstay on too tight, your jib fine-tune on too tight, or both.
  - **Please only raise/lower your mainsail with the boat into the breeze. Our boltropes are incredibly tired**.
  - The backstay bridle shall not be adjusted but the backstay control line shall be used.
  - No purchase systems shall be put into the main halyard
  - Do not change the purchase system of the mainsheet

Coaching

- Coaches shall be provided coach boat(s) or are welcome to coach from Jacobs Rock.