

SAILING INSTRUCTIONS

Callagy Ross Trophy September 26-27 2026

University of Vermont Sailing Team

The organizing authority is the Inter-Collegiate Sailing Association (ICSA).

Race management, facilities and support are provided by the UVM Sailing Team and Lake Champlain Community Sailing Center. Regatta support provided by the University of Vermont Sailing Team

1 Rules

1.1 The regatta will be governed by the Racing Rules of Sailing, the ICSA Procedural and Class Rules.

2 Notices to Competitors

Notices to competitors, including boat rotations, will be posted on the official regatta notice board on techscore.

3 Changes in the Sailing Instructions Any changes in the Sailing Instructions made before the start of a day's racing will be posted no later than 30 minutes before the first warning signal in which they take effect.

4 Format One combined division will compete. Teams will rotate boats every two races unless otherwise specified by the race committee.

5 SCHEDULE OF EVENTS

Saturday

11:30 Report Time

11:45 Competitors' Meeting

12:00 First Warning

18:00 No Starting Signal After

Sunday

0930 Report Time

1000 First Warning

1500 No Starting Signal After

6 Boats and Equipment

6.1 FJ's will be provided for all competitors, who shall not modify any boat or cause them to be

modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2 The standing rigging shall not be adjusted. The Jib Halyard may be adjusted between races. The rudder must be tied into the boats. Losing a rudder will result in the team responsible being billed for the replacement.

6.3 The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore or to the Race Committee Signal Boat.

6.5 Breakdowns will be handled according to ICSA Procedural and Class Rules.

7 Boat Rotations

Boats will be assigned to a team on the rotation sheet. Teams will follow the posted boat rotation.

8 Racing Area

The racing area will be north of the mooring field in Burlington Bay or West of the breakwall.

9 Marks

All marks will be red, white, or orange balls. .

10 Courses

10.1 The courses will be Windward-Leeward with 3, 4, or 5 legs (with an offset mark) OR a Gold Cup course (Triangle - windward - leeward) at the discretion of the Race Committee.

10.2 Courses will be verbally announced by the RC boat with a megaphone.

11 Start/Finish

11.1 Appendix S-Modified Sound-Signal Starting System will be used.

11.2 The start line will be between a staff displaying the UVM Burgee on the Race Committee Boat and a mark to port.

11.3 The finish line for a downwind finish will be back through the starting line. The finish line for an upwind finish will be between the windward mark and the offset mark.

12 Recalls

12.1 Individual recalls will be signaled in accordance with PR 18 (B)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); It is the responsibility of each boat to make a proper start.

12.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. After a general recall, the "round-the-end" provision RRS 30.1 and PR18(B)(iii) will be in effect, without the display of code flag "I".

12.3 Following any general recall, PCR 18(b)(iii) shall also be in effect.

13 Protests ICSA Procedural and Class Rules Part V and Part VI apply.

14 Safety

14.1 Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

14.2 Starts will not be delayed to accommodate capsized boats.

15 Coaching

Procedural Rule 19 shall apply.

16 Scoring

Low point scoring system will be used in accordance with ICSA Procedural Rules.