



The 28th Mrs. Hurst Bowl Regatta
Hosted by Dartmouth College
September 26-27, 2026
Sailing Instructions

1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2025 - 2028, the prescriptions of US Sailing, and the Procedural Rules for Intercollegiate Sailing Competition (PR) as modified by these sailing instructions.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any changes in the sailing instructions will be announced orally by the Race Committee prior to the first race in which they are to take effect.

4. BOATS AND EQUIPMENT

4.1 Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

4.2 The standing rigging shall not be adjusted.

4.3 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

4.4 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

5. FORMAT

5.1 The regatta format will be a single round robin.

6. ROTATION

6.1 The rotation of boats will be in accordance with the provided rotation sheet available at the official notice board. Rotation will be 2 races per set.

7. SCHEDULE OF EVENTS

Saturday 9/26/2026

1200 Report Time

1215 Competitors' Meeting

1300 First Warning

Sunday 9/27/2026

1010 First Warning

1500 No Starting Signal After

8. RACING AREA

8.1 The racing area will be on scenic Mascoma Lake.

9. THE COURSE

9.1 Courses will be diagramed on the Official Notice Board.

9.2 Rounding marks will be orange, yellow, or white balls.

9.3 Courses will be announced verbally to competitors prior to the starting sequence of each race.

10. START/FINISH

10.1 Races will be started in accordance with 18(b)(i).

10.2 The start line will be between a staff displaying a flag on the Race Committee Boat and a mark.

10.3 Finish lines will be between a mark and an anchored boat.

10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

11. RECALLS

11.1 Individual recalls will be signaled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

11.2 Multiple whistles and the hail of the words “general recall” will signal a general recall. No visual signal will be given. PR 18(b)(iii) shall also be in effect. The round-the-ends rule, RRS 30.1, shall apply and no additional signal need be given. In addition, the race committee may implement PR 18 (b) (iii), the round-the-end rule, RRS 30.1 at any time. This will be done by repeated hails by the race committee.

12. CHANGES OF COURSE AFTER THE START

12.1 Any mark of the course may be moved in accordance with PR 18(c)(i).

13. ALTERNATIVE PENALTIES

13.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

13.2 All penalties shall be reported to the Race Committee Finish Boat promptly after finishing.

14. PROTESTS

14.1 Protests shall be filed in accordance with the ICSA Procedural Rules.

14.2 Protests shall be filed within the first 30 minute time-period spent ashore following the race in which the incident occurred.

15. JUDGING

15.1 Judges will be on hand to hear protests. Coaches may be asked to hear protests.

16. COACHING

16.1 All coaching shall be done from shore. No coach boat will be provided.

17. SAFETY

17.1 A boat requesting assistance from support boats should signal by waving hands overhead.

17.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

17.3 Starts may not be delayed to accommodate capsized boats.

17.4 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

17.5 All competitors must wear USCG approved Type III or Type V flotation devices as Required by the ICSA in PR 13 (c).

The first sentence of PR 13(c) is deleted and replaced with "Each competitor shall wear a USCG - approved inherently buoyant Type III, Type V, Level 50 or Level 70 PFD at all times while on the water except briefly while changing or adjusting clothing or personal equipment."