SAISA Women's and Open Singlehanded Champs

September 14th and 15th 2024 Jacksonville University Jacksonville, FL

SAILING INSTRUCTIONS

1. RULES

1.1. The regatta will be governed by the ISAF Racing Rules of Sailing, the prescriptions of US Sailing, the ICSA Procedural Rules, the Notice of Race, and these Sailing Instructions.

2. NOTICES TO COMPETITORS

- **2.1.** Notices to competitors will be posted on the official notice board at the waterfront pavilion on Dolphin Green. It is the responsibility of each competitor to check this notice area for information.
- **2.2.** Posted instructions may be superseded by verbal instructions from the Race Committee.

3. CHANGES TO INSTRUCTION

Changes in sailing instructions shall be posted not later than 20 minutes prior to the first scheduled warning signal each day.

4. BOATS AND EQUIPMENT

4.1. Boats used for the regatta will be Lasers (BYOB).

5. SCHEDULE

- **5.1.** Report time for Women's Championship Saturday is 09:00 at the Dolphin Green Waterfront.
- **5.2.** There will be a Competitors Meeting at 10:00 on Saturday at the waterfront pavilion. Competitors should be ready to race immediately following the Competitors Meeting.
- **5.3.** Races will be conducted as expeditiously as possible with due consideration for unavoidable delays.
- **5.4.** The Race Committee may commence the starting sequence prior to the arrival of a boat or boats taking an inordinate amount of time arriving in the starting area.
- **5.5.** Report time for the Open Championship will be 2pm Saturday. An attempt to get racing in for Open's will occur at the completion of the women's Championship.
- **5.6.** Sunday Report time for Open Championship will be 9am.
- 5.7. No race will be started after 18:00 on Sunday.

6. RACE AREA

6.1. The Race Area will be on the St. Johns River adjacent to the Dolphin Green, just west of campus.

7. COURSES

- 7.1. Course diagrams will be posted on the Official Notice Board and described at the Competitors Meeting.
- **7.2.** The course shall be announced by the Race Committee prior to the warning signal.
- **7.3.** The Race Committee reserves the right to shorten courses as conditions warrant.

8. MARKS

Marks will be inflatable marks (cylinders).

9. THE START

10.1 Races shall be started in accordance with RRS Appendix S (Sound Signal Starting System).

10.2 The starting line will be between a staff displaying an JAX Sailing flag on the race committee signal boat and the course side of the port-end starting mark.

10. RECALLS

- **10.1.** Individual recalls will be signaled by the display of code flag X, without an accompanying sound signal. The race committee may attempt to hail sail numbers of recalled boats. The delay of such a hail, or the failure of a competitor to hear such a hail shall not be grounds for granting redress. This changes RRS 62.1(a).
- **10.2.** General recalls will be signaled by a series of short whistles. After a general recall, RRS 30.1 (the I-Flag Rule) shall apply, without the display of Code Flag I.

11. ABANDONMENT

11.1. A race may be abandoned if the race committee determines that the race is not a fair test of sailing or for any reason prescribed under RRS 32.1. An abandonment will be signaled by a series of short whistle or horn blasts. This changes RRS 32.1.

12. THE FINISH

12.1. The finish line will be between a staff displaying an orange flag on the race committee boat and the course side of the nearby finishing mark.

13. SAFETY

- 13.1. US Coast Guard approved PFD's must be worn at all times by all competitors while on the water.
- **13.2.** Competitors who require assistance should signal by waving both arms overhead. Capsized boats may be righted and sailed by its skipper. Starts will not be delayed to accompany capsized boats.
- **13.3.** If the safety of a boat is in jeopardy, or if the progress of the regatta is affected, the race committee may require that assistance be accepted and the boat retire from the race.
- **13.4.** Any boat that retires from a race shall notify the Race Committee before leaving the course area. If that is not possible, they shall notify the Race Committee immediately after arriving ashore. Failure to do so may result in disqualification from that day's races without a hearing.

14. PROTESTS

- **14.1.** A written protest must be submitted to a regatta official from Jacksonville University at the first reasonable opportunity, and no later than 20 minutes after the signal boat has docked.
- **14.2.** A protest must be indicated by hailing the word "protest" immediately following the incident.
- **14.3.** A protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protest of intent to protest. Failure to do so may be grounds for dismissing the protest under RRS 63.5.

15. Coaching

Coaching will be permitted between races. Coaches may view the races from the beach at Dolphin Green or the Rowing/Floating Dock, or on coach boat if there is room. The race committee shall not delay the start of a race to accommodate competitors who have left the starting area.