



**2024 Cascadia Cup  
October 12 – October 13, 2024  
Sail Sand Point  
Notice of Race**

**1. RULES**

- 1.1 The regatta will be governed by the current ISSA/ICSA Procedural Rules, the Racing Rules of Sailing, the prescriptions of US Sailing, the Sailing Instructions and this Notice of Race, however:
  - 1.1.1 The US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
  - 1.1.2 Under rule 70.5(a), the right of appeal is denied.
  - 1.1.3 ICSA Procedural Rule 7.4 shall apply. (Changes RRS 42.2(c), 42.3(b) and ISSA Procedural Rule 14(a))
  - 1.1.4 In the event of a conflict between Procedural Rules, the protest committee will apply the rule it believes to be the fairest.

**2. ELIGIBILITY**

- 2.1 All NWISA and PCCSC sailors in good standing are eligible to compete. Current NWISA/PCCSC membership is required.
- 2.2 This regatta is designated as a 'promotional' event for high school and college sailors; 'Silver' and 'Bronze' fleet high school teams can be 'active' or 'mixed,' but high school teams in 'Gold' fleet must be 'active' (although the borrowed sailor rule (NWISA District Rule 4.2) may be utilized with prior approval from the regatta chair).
- 2.3 One berth per registered school (high school and college) is allowed in the 'Gold' fleet, plus one All - Women's team (high school and college). Unlimited berths per school are allowed in the 'Silver' fleet.

**3. ENTRY**

- 3.1 Eligible schools must enter by registering on the NWISA/PCCSC spreadsheet/matrix.
- 3.2 Registration opens 9/30/24 at 11:00am PST. Eligible schools shall submit their intent to participate, total number of sailors attending and total number of teams/boats to the NWISA/NWICSA registration spreadsheet no later than 10/7/24 at 10:00pm.
- 3.3 There is \$10/sailor fee at this event for high school and college teams.
- 3.4 All competitors must have a signed [2024 SSP Regatta Participation Agreement](#). This form must be signed by a parent/guardian (not a coach) if they are under 18 years of age. If a sailor has competed in a regatta at SSP during the calendar year, they do not need to resubmit this form.

**4. BOATS**

- 4.1 This regatta will be sailed in FJs.
- 4.2 Teams are responsible for bringing their own boats. This regatta will not have a round robin boat rotation, A/B fleets of both Gold, Silver and Bronze will sail their boat continuously throughout the regatta.
- 4.3 Sail Sand Point FJs are being used by SSP high schools, if applicable any remaining boats will be available to charter at no cost (BYO sails).
- 4.4 Teams requiring a chartered boat should contact the regatta chair after registration opens but before registration closes. Preference given to teams without FIs and teams competing in the 'Gold' fleet.
- 4.5 Please notify the regatta chair if you can bring more boats than your team needs and would like to offer them as charter boats.

**5. SCHEDULE OF EVENTS**

	<b>Saturday, October 12, 2024</b>			<b>Sunday, October 13, 2024</b>
0930	Report time		0845	SSP 'opens,' rigging begins
1030	Competitors' meeting		1000	First warning
1115	First warning		1500	No starts after
1700	College sailing forum			

**5.1 COLLEGE SAILING FORUM**

5.1.1 After racing on Saturday (or during postponement) time will be set aside for the college team to set up tables to promote their sailing team. Tables and chairs will be provided by SSP for teams. A short presentation on Collegiate Sailing will occur before tabling.

6. RACING AREA

6.1 The racing area will be off the pier at Sail Sand Point.

6.2 Rotations will happen from the Sail Sand Point docks.

7. COURSES

7.1 Based on conditions, the Race Committee will determine the courses. Short collegiate style courses will be used.

8. SCORING

8.1 The regatta will be scored in accordance with ISSA/ICSA Procedural Rules.

9. FORMAT

9.1 The format will consist of two races of both 'Gold' fleet A, 'Silver' fleet A and "Bronze' fleet A, followed by boat rotation with 'Gold' B, 'Silver' B and 'Bronze' B. High School and Collegiate Sailors will race alongside each other in an A/B division fleet racing format.

10. HOUSING

10.1 Housing will not be provided by the hosts for high school teams

10.2 Limited college housing will be provided with UW team members.

11. COACHING

11.1 Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area UNLESS an exception has been explicitly permitted by the regatta chair.

11.2 Competitors may receive coaching including instructions, assistance, equipment, or sustenance only while on the designated rotation float or on shore.

12. DRONES

12.1 The use of drones is expressly prohibited, as stated in ISSA Procedural Rule 5.2.

13. CONDUCT

13.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841.

13.2 Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place

14. REGATTA CONTACTS:

	<b>Name</b>	<b>Telephone</b>	<b>Email</b>
Regatta Chair:	Nora Gallogly	(206) 525-8782 ext. 103	<a href="mailto:nora@sailsandpoint.org">nora@sailsandpoint.org</a>
Husky Sailing:	Kirin Dhaka	(206) 751-4108	<a href="mailto:huskysailing@gmail.com">huskysailing@gmail.com</a>