



## **Top-9 Open, Women's, ILCA 7**

United States Merchant Marine Academy

23-24 September 2023

### **Competing Team Information**

#### Coaching

1. Intention is to have coaches and athletes on shore, with on shore rotations.
2. Teams will be able to set up on 2<sup>nd</sup> Deck Yocum Sailing Center, Mallory Pier, or Eldridge Lawn.

#### Top-9 ILCA 7

1. Athletes will rotate after every (2) races.
2. Rotations will take place on shore.
3. Athletes will be given (5) minutes from the time the last boat arrives at dock, to exit dock. It is encouraged to have athletes check for water/drain boats.

#### Top-9 Open and Women's

1. Top-9 Women's will begin in FJ's on (SAT). Will swap to 420e on (SUN)
2. Top- 9 Open will begin in 420e on (SAT). Will swap to FJ on (SUN)
1. Top -9 Women's and Top-9 Open rotations will take place on shore.

#### Course

1. It is intention for all fleets to sail W3/4/5 on same course. Possible to sail two courses (Dinghy and Laser) if resources are available.