



## **MAISA Men's Singlehanded's – Carl Van Duyne Trophy**

United States Merchant Marine Academy

30 September – 1 October 2023

### **Competing Team Information**

#### Coaching

1. Intention is to have coaches and athletes on shore, with on shore rotations.
2. Teams will be able to set up on 2<sup>nd</sup> Deck Yocum Sailing Center, Mallory Pier, or Eldridge Lawn.

#### ILCA 7 Rotations

1. Athletes will rotate after every (2) races.
2. Rotations will take place on shore.
3. Athletes will be given (5) minutes from the time the last boat arrives at dock, to exit dock. It is encouraged to have athletes check for water/drain boats.

#### Course

1. It is intention for ILCA 7 to sail W3/4/5.