





September 17, 2023

SAILING INSTRUCTIONS

1. <u>RULES</u>

1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), <u>the Procedural Rules</u> (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the <u>NEISA Rules and Regulations</u>, except as any of these are modified by these Sailing Instructions.

1.2. Any questions regarding these Sailing Instructions should be <u>submitted in writing</u> to Principal Race Officer Matt Lindblad at <u>sailingcoaches@mit.edu</u>.

2. NOTICES TO COMPETITORS

2.1. Notices will be posted on the official regatta notice board located west of the main lobby.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

4. SCHEDULE OF EVENTS

Sunday 0930 Report Time, 1000 First warning signal No start after 1500

5. <u>FORMAT</u>

5.1. The event will be sailed in three divisions.

5.2. There will be 3 divisions and competitors will rotate boats after every three races.

5.3. There is no lunch break planned, competitors can eat on their off set.

5.4.. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the dock.

5.5. The I Flag shall be in effect for all races.

6. BOATS & EQUIPMENT

6.1. MIT's Zim e420s and Zim FJs with NORTH BLUE RIBBON SAILS will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to MIT Dockmaster Dan Tucker or to the Race Committee Finish Boat on the water.

6.5. If a substitute boat needs to be employed, please bring your **mainsail** from the broken boat to the new boat.

7. <u>ROTATION</u>

7.1. B Division will start in FJ, C Division will start in 420's, and A Division will start on the dock. At first rotation, A Div will go into FJ's, B Div will go into 420's, and C Div will have an off set. At the second rotation, A Div will sail 420's, C Div will sail FJ's, and B Div will have an off set. This pattern will continue until racing stops.

8. <u>MARKS</u>

8.1. All rounding marks will be pink balls on the right half of the course and green balls on the left side of the course (looking upwind).

8.2. The starting line will be between a staff displaying an orange flag on the Race Committee Start Boat and the course side of the yellow starting mark.

8.3. The finish line will be between a motorboat and a pink ball to leeward of the outer gate (two green balls) on an inner or outer trapezoid course. The finish line will be between two yellow balls on a 'plus' designated inner or outer trapezoid course.

9. <u>COURSE</u>

9.1. Courses will be announced orally and taken from the course diagrams on the Official Notice Board and on the Tech Score event Notice Board.

10. STARTING SYSTEM

10.1. Races will be started in accordance with PR 18(b)(i).

10.2. A prep or I flag may be raised at 2 minutes before the starting signal and lowered at 1 minute before the starting signal.

11. PROTESTS

11.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

11.2. Protests shall be filed within 15 minutes of securing boats to the dock for a lunch break or at a postponement or at the end of the day's sailing. This changes PR 30.

11.3. Protests forms will be available from the counter in the lower lobby of the sailing pavilion. They should be submitted to the score keeper at the computer in the upstairs office area.

11.4. Video, data and/or photographs taken from any source may be accepted as evidence at protest hearings.

11.5. Hearings will be convened as soon as practical and all coaches shall participate as a judge if requested by the

PRO. Hearings may be held outside and be open to all for (silent) observation.

12. <u>SAFETY</u>

12.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

12.2. Starts will not be delayed accommodating capsized boats.

12.3. At the discretion of the Regatta Chairman, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition.

13. <u>COACHING</u>

13.1. PR 19 will apply.

13.2. The upstairs office area at the Sailing Pavilion is for the use of the RC, scoring personnel, and judges only, please.

PRO- Matt Lindblad, MIT Sailing Questions regarding the facility or boats may be addressed to: <u>sailingcoaches@mit.edu</u> Scoring/finish boat: MIT assistant Coach and MIT/BU undergrad volunteers Dockside support: Dan Tucker NEISA rep: (Will be announced Sunday morning.)

The Hatch Brown Trophy honors beloved MIT Sailing Master Hatch Brown (BU '59) who was a veteran, a champion sailor and coach, as well as a teacher and mentor to tens of thousands of sailors during his 30 year career at MIT.