## BOWDOIN

## **Sailing Instructions**

- 1. 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) including Appendix 'Q' Sound Signal Starting System.
- 2. 1.2 If there is a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions take precedence.
- 3. 1.3 USCG-approved Type II PFDs shall be worn at all times while on the water except while actively adding or removing clothing. PFDs shall be worn outside of all clothing except the team identification bibs.
- 2. Notice to Competitors

Notices to competitors will be posted on the Notice Board on tech score.

- 3. Changes to the Sailing Instructions
  - 1. 3.1 Changes to the Sailing Instructions will be posted on the Tech Score Notice board before they take effect.
  - 2. 3.2 A change in the time for the participants; meeting on Sunday will be announced and posted no later than 20 minutes after the finish of the final race on Saturday.
- 4. Boats provided by the Organizing Authority
  - 1. 4.1 FJs and 420s will be provided by Bowdoin College. Claims regarding the performance of the boats will not be grounds for granting redress. This changes RR 62.1(a).
  - 2. 4.2 Redress will not be granted for knots becoming untied or the loss of pins or rings. The exception to this is a halyard knot at the top of the sail if neither the competitor nor the competitor's team rigged the boat. This changes RRS 62.1(a).
  - 3. 4.3 The following limitations shall apply:
  - 4. 4.4 (a) The boats shall be sailed with the rigging and fittings as supplied. Replacement of broken or damaged gear may only be made with gear sanctioned by the OA. Electrical tape may be used to help prevent gear from snagging.
  - 5. 4.5 (b) Standing rigging shall not be adjusted nor tension altered except by using the jib halyard after the race is completed and before the preparatory signal of the subsequent race.

Schedule

- 5.1 A division should get dressed and rig immediately after report time. The first race for A division is scheduled for 11 AM. B division should start rigging by 1045 AM. The first race for B division is intended for 11:15 AM.
- 6. Regatta Format
- 6.1 The regatta format and number of races will be determined by the race committee, based on the number of teams and the expected weather conditions.
- 7. Racing Area

The racing area will be on Harpswell Sound.

- 8. Courses
  - 1. 8.1 The courses that may be used will be illustrated and identified on the official notice board prior to racing.
  - 2. 8.2 The Race Committee may change a leg of the course that begins at a rounding mark by changing the position of the next mark or the finishing line, but no mark shall be moved when any boat is on the leg that it terminates. Subsequent legs may be changed to maintain the course configuration. There will be no visual or audible signals for a course change. This changes RRS 33.

## 9. Marks

Marks will be white, orange, green, or pink buoys.

- 10. Start and Finish
- 10.1 The starting line will be between the black 'Bowdoin' flag displayed by the Race Committee Boat and the course side of the nearby mark.
- 10.2 With downwind finished, the finish line will be between the black 'Bowdoin' flag displayed on the Committee Boat and the course side of the nearby mark.
- 10.3 With finishes to windward, the finish line will be between the windward mark and the flag of the race committee boat.
- 10.4 The start shall be a 3-minute dinghy start.
- 11. Abandonment

Races may be abandoned at any time. This changes RRS 32.1. Abandonment will be signaled by oral instruction. Abandoned races may be re-sailed and if so, a new warning signal for the abandoned race will be made as soon as possible.

## 12. Individual Recalls

If the X Flag is displayed, it will remain displayed until all OCS boats are completely on the pre-course side of the starting line or its extensions, or for one minute, whichever occurs first.

13. Time Limit

There will be no time limit for any race.

- Protests
- 14.1 The RC boat and the parties of the protest must be notified of the intent to protest after the race is completed.
  - 2. 14.2 Protest forms will be available at the Boathouse.

- 3. 14.3 Protests will be heard ASAP.
- 15. Redress
- 15.1 Requests for redress arising from a breakdown shall be reported to the finish boat. All other requests for redress shall be reported to the scorer on the forms provided.
- 15.2 Requests for redress shall be heard by a committee appointed by the RC.
- 16. Decorum

All competitors shall treat the staff of Bowdoin Sailing, its patrons, and volunteers with respect.

17. Safety

In accordance with RRS 4, the responsibility for a boats' decision to participate in a race or to continue racing is hers alone.

- 18. COVID Compliance
  - 1. Competitors need to be masked at all times while inside of buildings
  - 2. Spectators are allowed on the property at Coastal Studies and on the pier but the ramp and the sailing team docks are for sailors only.
  - 3. Spectators are expected to follow the Bowdoin Athletic Spectator Policies as outlined in the link below:

**Bowdoin Spectator Policy**