

2019 Sailing Instructions for

CHRISTOPHER NEWPORT UNIVERSITY SAILING

1. Rules: The regatta will be governed by the International Yacht Racing Rules, the prescriptions of US Sailing, the Intercollegiate Sailing Association's Official Procedural Rules for Intercollegiate Sailing Competition and these Sailing Instructions.

2. Notices to Competitors: Official notices will be posted online or can be found on the "Big Screen" or Whiteboard.

3. Schedule: Report time, both days - 9:00 AM.

4. Boats: T420's supplied by CNU. No adjustment may be made to standing rigging.

5. Rotation: Odds Up, Evens Down after Two Race Sets. Please ease your vang and fend off when rotating on the water.

6. Courses: W4 or W3 Course and starting/finish marks will be orange, yellow or green ball.

7. Starting line: Between a yellow ball and an orange flag on the Committee boat as prescribed for the particular course.

8. Starts: Starts will be Whistles: 3 Minute, 2 Minute, 1 Minute: 30 Seconds, 1 Minute, 30 Seconds, 10 Seconds, 5, 4, 3, 2, 1, One long whistle at 0 (START)

9. Recalls: Individual recalls will be made by displaying Code Flag "X" and, as a courtesy, hailing the sail numbers of the boats concerned.

10. Changing the course: After the starting signal, the Race Committee may change the position of any mark, provided no boat is on the leg of the course for which that mark is the beginning. No signal shall be given for such change.

11. Abandonment: A race may be abandoned due to a major shift on the first beat providing no boat has rounded the windward mark.

13. The Finish line will be between a yellow or green ball and an orange flag on the Committee Boat.

14. Scoring: See Techscore. Team events will be scored on the Low Point system allowing one

point for each race won. Divisions will be combined start but scored respectively to their division. Ties in points will be broken in accordance with ICSA procedures and US Sailing Rulebook.

15. Safety: USCG approved Type III PFDs shall be worn and zipped at all time.

16. Protests: The requirements of Part IV, sections 29, 30, and 31 will be strictly adhered to.

17. Capsized: Yachts may be recovered and continued to race at any time before or during a race. If the safety of the crew or boat is in doubt or the progress of the regatta is affected, the Race Committee may insist that assistance be accepted and the yacht retired from the race. Starts will not be delayed to accommodate capsized yachts.

18. Breakdowns: ICSA Procedural Rules shall apply; and, breakdowns will be handled in the same manner as protests.

19. Coaching: Coaching will be permitted between races providing all coaches have equal access and the rotation is not delayed.

20. Umpiring: There will be no umpires for this event, teams are encouraged to self-police; all protests will be heard by available coaches.

21. R.P. Forms: Record of Participation forms shall be filled out before the first race and kept up to date to the end of competition. R.P. Forms *must* be completed on Techscore.

**PLEASE REMEMBER TO FILL OUT
RP INFO ON TECHSCORE!**

CNU Course Formats

