



## **SISTER ESTHER OPEN**

**Hosted by Salve Regina University**

**November 5-6, 2016**



### **SAILING INSTRUCTIONS**

- 1. RULES-** This regatta will be governed by the rules as defined in the Racing Rules of Sailing 2013-2016, the ICSA Procedural Rules, and these Sailing Instructions. The organizing authority is the Intercollegiate Sailing Association of North America in conjunction with host Salve Regina University. .
- 2. NOTICES TO COMPETITORS-** Notices to competitors will be posted on the official notice board (white board) located inside the Salve Sailing Center at the North end of the building.
- 3. CHANGES TO THE SAILING INSTRUCTIONS-** Any Change to the Sailing Instructions will be posted 10 minutes prior to the boat rotation for the races it will take effect. Any schedule change will be posted by 1600 on the day before it takes effect.
- 4. SCHEDULE-** Twenty races per Division are scheduled, of which three (3) races per Division shall be required to constitute a series as provided in the ICSA PR.

**Saturday**                      0930 Report Time  
                                      0945 Competitors' Meeting  
                                      TBA First Warning

**Sunday**                        0930 Report Time  
                                      10:00 First Warning  
                                      1500 No Race After This Time

- 5. FORMAT-** Racing will be held for each Division in FJs. The regatta format will be a single round robin of fleet racing..
- 6. RACING AREA-**The racing area will be on the Narragansett Bay in the approximate area shown in APPENDIX A.
- 7. ROTATION-** The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting/on Techscore and will take place in the turning basin.
- 8. COURSES and MARKS-** The courses are illustrated on the APPENDIX B to these Sailing Instructions. Courses will be announced verbally by the Race Committee Signal Boat before the warning signal. If a competitor is unclear of the course, they may ask the RC for clarification at anytime before 2 mins of the start of that race.

- 9. STARTING AND FINISHING LINES; STARTING SYSTEM-** Races will be started in accordance with RRS S3. The starting/finishing (except when finishing to windward) line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the water's edge (course side) of an orange starting mark. When finishing to windward the finishing line will be between water's edge (course side) of marks W1 and W2. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 10. PROTESTS-** Protests shall comply with the ICSA Procedural Rules. Protest forms are available in the Salve Sailing Center and shall be submitted to the Scorer upstairs. Protests shall be filed within 15 minutes of reaching the dock after a race set is completed, postponement at the dock, or the last race of the day. This changes PR 30. Hearings will be held as soon as possible.
- 11. COACHING-** ICSA PR 19 will apply, and all Coaches shall remain ashore.
- 12. DISCLAIMER-** Competitors shall participate in the regatta entirely at their own risk (see RRS 4, DECISION TO RACE). Salve Regina University does not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.



**Marks    W2    o    o    W1**

**Gate L    o    o**

**o-----o    Start/Finish Line**

**Course signals and course to be sailed**

Course signals will be hailed from the RC boat at or before the warning signal. Marks will be small orange/red inflatable balls. Marks W shall be rounded to Port and L shall be rounded as a gate. Course W3 and W5 the finish is between marks W1 and W2 **(NOT BETWEEN THE RC AND W1)**.

<b>Signal</b>	<b>Course</b>
W3	Start-W1-W2-Gate L-Finish to windward between W1 and W2
W4	Start-W1-W2-Gate L-W1-W2- Finish
W5	Start-W1-W2-Gate L-W1-W2-Gate L-Finish to windward between W1 and W2

**APPENDIX B Course Configuration (not to scale)**