

**Jefferson Cup  
October 15-16, 2016  
Lake Anna, Virginia**

**1. Rules**

1.1 The regatta will be governed by the rules as defined in Racing Rules of Sailing (RRS 2013-2016), the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2013-2016, and these Sailing Instructions. The organizing authority is the Intercollegiate Sailing Association of North America in conjunction with the host, Virginia Sailing.

**2. Notice to Competitors**

2.1 Notices to competitors, including boat rotations, will be posted on the Official Regatta Notice Board located on the dock.

**3. Changes in Sailing Instructions**

3.1 Any changes in the Sailing Instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

**4 Boats and Equipment**

4.1 FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable. The standing rigging shall not be adjusted.

4.2 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these Sailing Instructions.

4.3 Breakdown points will not be awarded for the failure of knots or the loss of pins or rings.

4.4 Redress requests for breakdown points shall be submitted written on protest forms.

**5. Format**

5.1 The regatta format will be a single rotation.

**6. Rotation**

6.1 Rotation will be in accordance with the provided rotation sheet provided at the Competitors' Meeting, and any subsequent rotation sheets that may be provided to replace it. Boat exchanges will occur at the exterior corner of the dock nearest to the race course. If conditions require it, the Race Committee may require that boat exchanges shall occur behind the large dock structure at the floating dock where the FJs are stored.

**7. Schedule of Events**

7.1 Saturday: Report time -- 9:00 AM  
Competitor's Meeting -- 9:15 AM  
First gun -- 9:45 AM

7.2 Sunday: First gun -- 9:30 AM, no race started after 3:00 PM

7.3 16 races in each division are scheduled; however, only three (3) races in each division are needed to constitute a series as provided in the ICSA PR. The ability to extend the regatta is reserved by the Race Committee.

**8. RACING AREA**

8.1. The Racing Area will be Lake Anna, close to the marina.

**9. THE COURSE**

9.1. The courses are illustrated on the APPENDIX to these instructions (item 16 below). The courses will be announced orally by the Race Committee.

9.2. Rounding marks will be red balls. The course diagrams on the APPENDIX notwithstanding, offset marks will not be used.

9.3 The start line will always be "open" during subsequent legs of the race.

## **10. START/FINISH**

10.1. Races will started in accordance with PR 18. Races will be started using the standard 3 minute dinghy start sequence of sounds.

10.2. The starting line will be between a staff displaying a flag on the Race Committee Start Boat, and the course side of a red mark.

10.3. The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and a red mark.

10.4. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

## **11. RECALLS**

11.1. Individual recalls will be signaled. The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is not cause for granting redress. In the case of individual recalls code flag "X" may also be displayed.

11.2. Multiple whistles or horn blasts and/or the hail of the words "General Recall" will signal a General Recall. Code flag "First Substitute" may also be displayed.

11.3. After a general recall, RRS 30.1 (I Flag Rule; One Minute Rule), may be in effect if the I Flag is flown from the Start Boat. The Race Committee also reserves the right to fly the I Flag and impose the One Minute Rule at its pleasure.

## **12. CHANGES OF COURSE AFTER THE START**

12.1. The number and nature of legs of a course shall not be changed after the start. The Finish Boat, the finish mark, and rounding marks may be moved by the Race Committee during the course of the race provided that no racing boat is sailing the leg of the course towards that mark. If a wind shift skews the racecourse to make it unfair to all competitors, the race will be abandoned at the pleasure of the Race Committee.

## **13. PROTESTS**

13.1. Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PCR 29(b) is changed to "Race Committee Finish Boat."

13.2. Protests shall be filed within 30 minutes of reaching the dock after the race in which the incident occurred. This changes PR 30.

13.3. Protest forms will be located adjacent to the Official Regatta Notice Board and must be turned in to the scorer, or the protest chair.

## **14. COACHING**

14.1. ISCA PR 19 will apply, and all coaches shall remain ashore.

## **15. SAFETY**

15.1. A boat requesting assistance from support boats should signal by waving hands overhead.

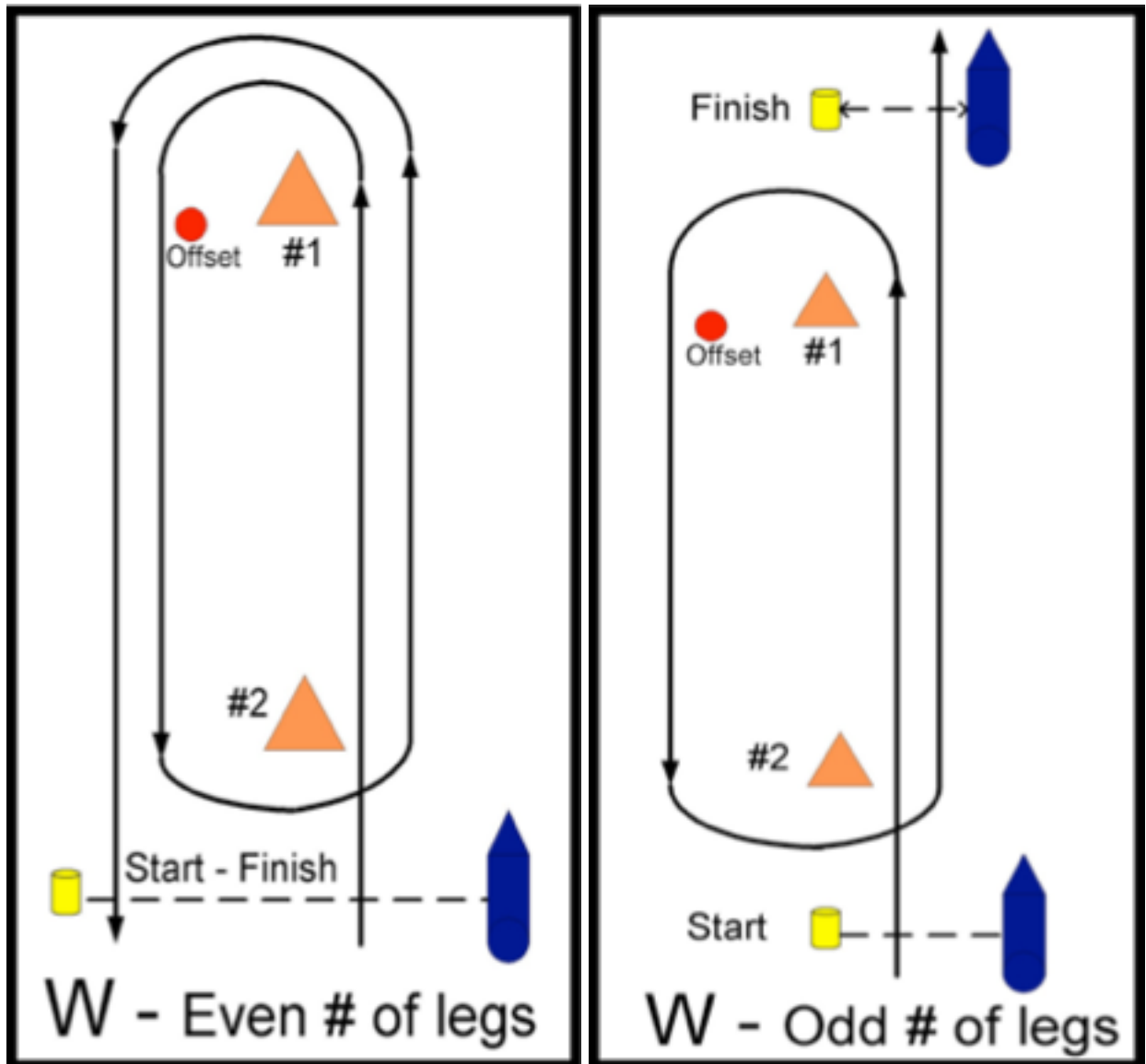
15.2. A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

15.3. Starts may not be delayed to accommodate capsized boats.

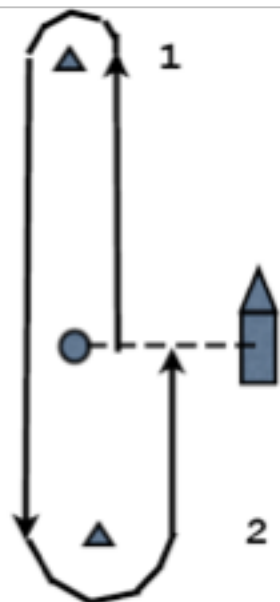
15.4. A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.

## 16. APPENDIX

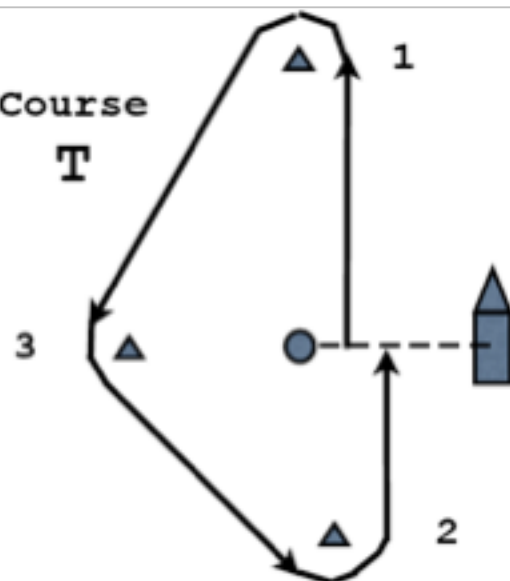
16.1 Possible courses are diagrammed below.



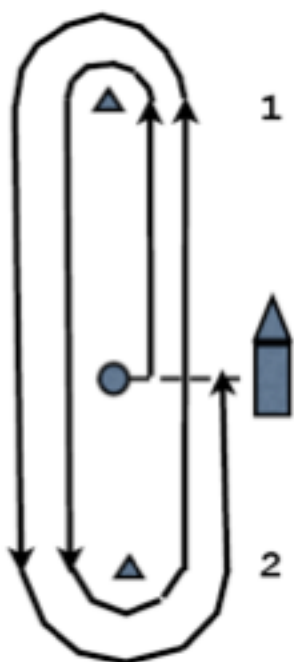
Course  
W1



Course  
T



Course  
W2



Course  
O

