

**Women's PCC's/ Cardinal Invite
Stanford University
October 29-30, 2016**

SAILING INSTRUCTIONS

1.0 RULES

- 1.1** The regatta will be governed by the Racing Rules of Sailing (RRS), the ICSA Procedural Rules (PR), Collegiate Dinghy Class Rules, the NOR and the Sailing these Sailing Instructions.

2.0 ENTRIES

- 2.1** A max of 9 women's teams and 18 coed teams.

3.0 COMMUNICATION WITH COMPETITORS

- 3.1** Official notices will be posted on the Official Regatta Notice Board located on the whiteboard inside the San Diego Sailing Bay.
- 3.2** Oral changes in the Sailing Instructions may be announced by the Race Committee at the competitors meeting and shall be posted on the Notice Board as soon as possible.

4.0 FORMAT SCHEDULE OF RACES

Rotation Single division fleet race.

Saturday

1030 Report Time

1045 Competitors Meeting- Be dressed to Sail

Sunday

1030 Report Time

1100 First Warning

1500 No warning after or 18 races whichever comes first

5.0 RACING AREA

The primary race area will be under Bair Island in our "outside venue". Secondary race areas may be inside redwood creek or outside in South San Francisco Bay.

6.0 THE COURSE

- 6.1** The courses will be announced orally and taken from the notice board.
- 6.2** Rounding marks will be Orange and Yellow Balls or Inflatables.

7.0 THE START

The Starting Line will be between a staff displaying a red flag on the Starting Line mark boat and a Red Flag on a pin boat or a round orange buoy. The line will be sighted between the flag and the windward edge of the starting Flag or Pin.

8.0 RECALLS

- 8.1** Individual recalls will be signaled in accordance with the PR. The Race Committee may attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

8.2 General recalls will be signaled in accordance to PR.

9.0 FINISH

9.1 The Finish Line will be between a staff displaying an orange flag on a Race Committee boat and a round orange buoy or a Flag on the pin boat set as a finish mark for downwind finishes. Upwind finishes will be between the windward and offset marks.

9.2 If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

10.0 PROTESTS

10.1 Protests shall be lodged with the Scorer upstairs in the office of the boathouse within 30 minutes of that division's arrival ashore. This changes ICSA PR 30.

10.2 Boats being protested and the time and place of the hearing may be posted on the Official Regatta Notice Board within 30 minutes of the Race Committees arrival ashore. This shall serve as notification as per RRS 63.2

11.0 ALTERNATIVE PENALTIES

11.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

11.2 All penalties shall be reported to the RC Finish Boat promptly after finishing.

12.0 BOATS AND EQUIPMENT

12.1 FJ's and z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

13.2 The standing rigging shall not be adjusted in the FJ but maybe adjusted in the z420 using the staymaster- Base setting is 6.5 and a good raked back setting is 4.5. All staymasters must be taped underneath the locking nut.

13.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.

13.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

13.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

13.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

14. SAFETY

14.1 A boat requesting assistance from support boats should signal by waving hands overhead.

14.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

14.3 Starts may not be delayed to accommodate capsized boats.

14.4 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.