

**Norman Reid Team Race**  
**Boston College & Savin Hill YC, Massachusetts**  
**October 17, 2015**

**Sailing Instructions**

**1. RULES**

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) including appendix D, the Procedural Rules for Intercollegiate Sailing Competition (PR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions.

**2. NOTICES TO COMPETITORS**

2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board found on the techscore web site – [scores.collegesailing.org](http://scores.collegesailing.org); or on the door to the “coop”.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and posted before the first race in which they are to take effect.

**4. BOATS AND EQUIPMENT**

- 4.1 Z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 The standing rigging shall not be adjusted unless directed to do so by the Race Committee. Sta-master shroud adjusters should be set at 5 unless RC specifies a different setting.
- 4.3 Mainsheet may be rigged with a 3:1 or 4:1 purchase.
- 4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

**5. FORMAT**

- 5.1 The intended format will be a series of three round robins among the teams in attendance. The PRO may change the format.
- 5.3 Overall results will be determined by overall record, not including scores from incomplete rounds, except that completed races in an incomplete round will be used as sail-off for tie breaking purposes.
- 5.4 The RC reserves the right to end racing at any time for safety concerns.

**6. ROTATION**

6.1 Teams will not rotate boats.

**7. SCHEDULE OF EVENTS**

Saturday	0930	Report Time
	1000	Competitors' Meeting (fully dressed for sailing)
	1030	First Warning
		Lunch Break

**8. RACING AREA**

8.1 Dorchester Bay.

**9. THE COURSE**

9.1 The course will be the digital N course.

9.2 Rounding marks will be orange/pink balls.

**10. START/FINISH**

10.1 Races will be started in accordance with 15(b)(iv).

10.2 The start line will be between a staff on the Race Committee Boat and a white ball at the port end.

10.3 The finish line will be between two orange/pink balls.

10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

**11. RECALLS**

11.1 Individual recalls will be signaled in accordance with PR 15(b)(iv). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

11.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. No visual signal will be given. PR 15(b)(v) shall also be in effect.

**12. CHANGES OF COURSE AFTER THE START**

12.1 Any mark of the course may be moved in accordance with PR 13(b)(ii).

**14. PROTESTS**

14.1 Protests shall be filed in accordance with the ICSA Procedural Rules.

14.2 Protests shall be filed within 20 minutes of reaching the shore after the race in which the incident occurred. Changes PR 23.

14.3 Expedited hearings may be used.

**15. COACHING**

15.1 In accordance with PR 16, a coach boat (s) may be provided as described at the competitors' meeting. Coaches may need to rotate on and off the water.

**16. SAFETY**

16.1 A boat requesting assistance from support boats should signal by waving hands overhead.

16.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

16.3 Starts may not be delayed to accommodate capsized boats.

16.4 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.