



New York Maritime College  
Truxtun Umstead Regatta  
April 13-14, 2024



**SAILING INSTRUCTIONS**

**1. RULES**

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2021-2024, the prescriptions of US SAILING, the Procedural Rules for Intercollegiate Sailing Competition 2021-2024 (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI).

**2. NOTICES TO COMPETITORS**

2.1 Notices to competitors, including boat rotations, will be posted on the official regatta notice board on Techscore.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and, when possible, posted before the first race in which they are to take effect.

**4. BOATS AND EQUIPMENT**

4.1 420E's and FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

4.2 The standing rigging shall not be adjusted.

4.3 Mainsheets may be rigged with a 3:1 or 4:1 purchase.

4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

4.5 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

4.7 Breakdown requests shall follow the procedure in SI 12.2.

**5. FORMAT**

5.1 The regatta format will be a single round robin.

**6. ROTATION**

6.1 The rotation of boats will be in accordance with the provided rotation sheet available on Techscore.

6.2 Boat rotations shall happen in the basin unless otherwise directed.

6.3 The penalty for not following the rotation procedure shall be disqualification from the most recent race completed, this is not protestable by competitors.

## **7. SCHEDULE OF EVENTS**

Saturday	0900 Report Time 0930 Competitors' Meeting 0945 Harbor Start
Sunday	0900 Report Time 0930 Harbor start 1500 No Starting Signal After

## **8. RACING AREA**

8.1 The racing area is the East River, west of the Throgs Neck Bridge. At the discretion of the race committee the race area may be moved into Little Bay east of the Throgs Neck bridge.

## **9. THE COURSE**

9.1 The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

9.2 Rounding marks will be orange balls.

9.3 The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.

## **10. START/FINISH**

10.1 The starting line will be between an flag on the Race Committee Start Boat and orange ball.

10.2 The finish line in a W4 or W6 course will be the same as the starting line. The finish line in a W3 or W5 configuration will be between a Race Committee boat displaying an flag and a nearby orange ball.

10.3 If a boat is delaying the finish of a race, or the rotation, the Race Committee may score the boat in its current position.

10.4 ICSA PR 18 (b), 3-minutes starting signal will be used.

## **11. RECALLS**

11.1 Individual recalls will be signaled in accordance with PCR 18(b)(ii). Failure to see the display is insufficient cause for granting redress.

11.2 After an individual recall, code flag X will be displayed until all boats that were on the course side have restarted, but no later than 2 minutes after the start. This changes RRS 29.1.

11.3 Multiple sounds and the hail of the words "general recall" will signal a general recall. Code flag "First Substitute" may also be displayed.

## **12. PROTESTS**

12.1 Protest forms are available at the Notice Board in the Sailing Center.

12.2 Written protests, including requests for redress and breakdowns, must be filed with the Organizing Authority or MAISA/ICSA Representative within 30 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred.

12.3 Protests may be heard during interruptions in racing or at the end of the race day as determined by the judges.

## **13. COACHING**

13.1 ICSA Procedural Rule 19 applies.

13.2. Coaching will be permitted between races, provided that all coaches have equal access and that the rotation is not delayed.

## **14. SAFETY**

14.1 A boat requesting assistance from support boats should signal by waving hands overhead.

14.2 Starts may not be delayed to accommodate capsized boats.

14.3 A boat that retires shall notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.