2024 SEISA Women's Fleet Race Championship

April 5[,] 2024 Austin Yacht Club | Lake Travis **SAILING INSTRUCTIONS**

1 RULES

This regatta will be governed by *The Racing Rules of Sailing* (2021-2024), and the ICSA Procedural Rules, except as any of these are modified by these Sailing Instructions.

2 NOTICES TO COMPETITORS

- **2.1** Notices will be posted to the notice board on Techscore.
- **2.2** Any changes in the Sailing Instructions will be announced orally and posted before the first race in which they are to take effect.

3 BOATS AND EQUIPMENT

- **3.1** 420Es will be provided for all competitors, who shall not modify any boat or cause them to be modified, though mainsheets may be rigged 3:1 or 4:1.
- **3.2** The standing rigging shall not be adjusted.
- **3.3** The penalty for infringing instruction 3.1 or 3.2 will be disqualification from all races sailed in contravention of those instructions.
- **3.4** Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.
- **3.5** Boats will be identified by their sail number.
- **3.6** Boats will be assigned for each team for the duration of the event. There will be no boat rotation.
- **3.7** Sailor substitutions may occur on the water or at docks, per the discretion of the race committee.

4 REGATTA FORMAT

- **4.1** The event will be sailed in combined divisions with seven races scheduled.
- **4.2** The first start will be on Friday evening as soon as deemed practicable by the race committee. No race will start after 7:30 PM Friday
- **4.2** If three or more races have been completed by Friday April 5, the regatta shall be deemed complete. If not, the regatta shall continue on Saturday morning, and will be deemed complete after 3 races.

5 THE COURSE AND MARKS

- **5.1** Course diagrams will be posted on the Regatta Notice Board.
- **5.3** The course for each race will be announced orally before the start.
- **5.3** Rounding marks will be colored balls.
- **5.4** Start/finish marks will be colored balls.

6 STARTS AND FINISHES

- **6.1** Races will be started in accordance with ICSA PR 18(b)(i).
- **6.2** The starting line will be between an orange flag on the Race Committee boat and a white ball or Mark-Set Bot.
- **6.3** Starts will not be delayed to accommodate capsized boats.
- **6.4** The finish line will be between an orange flag on the port side of the Race Committee boat and a white ball or Mark-Set Bot, and will be the same as the start line in a W-4 format.
- **6.5** If a boat is delaying the finish of a race, the Race Committee may end the race and score the boat in its current position.

7 RECALLS

- **7.1** Individual recalls will be signaled in accordance with ICSA PR 18(b)(ii). The Race Committee will attempt to hail the boat's sail number; however, it is each boat's responsibility to make a proper start and failure to hear a hail is insufficient cause for granting redress.
- **7.2** General recalls will be signaled in accordance with ICSA PR 18(b)(iii).

8 CHANGE OF THE COURSE AFTER THE START

To change the next leg of the course, the Race Committee will move the original mark (or finishing line) to a new position provided no boat is on the leg that it terminates in accordance with PR 18(c)(i). No signal shall be made for such change.

9 PROTESTS AND REQUESTS FOR REDRESS

- **9.1** Every attempt should be made to exonerate rule infringements on the water.
- **9.2** Protests must be signaled on the water immediately by hailing "Protest" and the sail number of the boat being protested. Any protest must be registered with Race Committee upon finishing the race.
- **9.3** Protests must be submitted to a member of the RC within 30 minutes of the completion of the last race of the regatta.

10 COACHING

- **10.1** ICSA PR 19 shall apply.
- **10.2** All coaching will be performed from shore between rotations, unless equal access to on-the-water coaching platforms are provided to all coaches.

11 SAFETY

- **11.1** All competitors must wear USCG approved PFD's when afloat.
- **11.2** Competitors who require assistance from rescue boats should so signify by waving arms overhead.
- **11.1** A boat that retires from a race shall notify the Race Committee as soon as possible.
- **11.3** A capsized boat may be righted and sailed by its crew unless, in the sole judgement of the Race Committee, safety or progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored "DNF".

12 FURTHER INFORMATION

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