



College Sailing



**2023 PCCSC Open Team Racing National Championship
Hosted by Stanford University
@ the Stanford University Sailing and Rowing Boathouse,
April 13-14, 2024**

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the current Racing Rules of Sailing (2021-2024), including Appendix D; the PRs (PR) and Current Class Rules for Intercollegiate Sailing Competition; except as any of these are modified by these sailing instructions.
- 1.2. RRS D2 will apply for all races.
- 1.3. RRS D2.2(a) is changed to "She shall hail 'Protest' and conspicuously display a raised open hand at the first reasonable opportunity for each."
- 1.4. PR 25 is changed to: RRS Appendix D shall be used for team racing regattas, deleting the red flag requirement in RRS 61.1(a). RRS D1.2(c) and D5.2 are changed by replacing the phrase "a red flag" with "a raised open hand."
- 1.6 Any questions regarding these SIs should be submitted in writing to the ICSA Representative, Brad Sharpeter
- 1.7 RRS D4.3(b) is replaced with "If the round of 12 is terminated when fewer than 80% of its scheduled races have been completed its race results shall not be included except as described in SI 5.4. If any subsequent round-robin is terminated before 100% of its scheduled races have been completed, its race results shall not be included, but shall be used to break ties between teams in the group who all sailed each other in the terminated round robin.
- 1.8 RRS D4.3(c) is deleted. Results from previous Round Robins shall carry forward, except as provided in SI 5.4.

2. REGISTRATION & NOTICES TO COMPETITORS

- 2.1 ICSA Board-approved entries shall complete registration on the ICSA Women's Team Race Nationals web page.
- 2.2 Notices will be posted on the Notice Board on Techscore and on the Official Notice Board on the first floor of the Stanford University Boathouse.

3. CHANGES IN SAILING INSTRUCTIONS

Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

4. SCHEDULE OF EVENTS

April 8	0930	Report Time
April 9	0930	Report Time
	1530	No Start Signal After

5. FORMAT

- 5.1 The preferred format is a two preliminary rounds of all 8 teams followed by a round of the four top teams from the preliminary rounds.
- 5.2 If the format in SI 5.2 cannot be completed, the format shall be a Preliminary Round of all 8 teams, followed by a double-Final Four round of the top four teams based on cumulative scores.

6. BOATS & EQUIPMENT

- 6.1. 2012 LP Collegiate FJs and 2023 Zim 420E will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.
- 6.2. The standing rigging shall not be adjusted.
- 6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.
- 6.4. Competitors shall report all damage or loss of equipment, however slight, to the Stanford University coaching staff immediately after arriving on shore or to the Race Committee Finish Boat on the water.

7. ROTATION

The rotation of boats will be in accordance with the online rotation.

8. MARKS

- 8.1. All rounding marks will be orange/red marks.
- 8.2. The starting line will be between a staff on the Race Committee Boat and a Yellow mark.
- 8.3. The finishing line will be between a staff on the Race Committee Boat and an orange/yellow mark.

9. COURSE

- 9.1. The Digital N.
- 9.2. We may sail outside, so dress accordingly. Coaches would be in anchored crew launches in the scenario.

10. STARTING SYSTEM

- 10.1. Races will be started in accordance with PR 18(b)(i).
- 10.2. The Race Committee may opt to use a rolling starting system; that is a system where the warning signal for a subsequent race is the starting signal for the previous race.

11. RECALLS

- 11.1. Individual recalls will be signaled in accordance with PR 18(b)(ii).
- 11.2. A general recall will be used in accordance to PR 18(b)(iii), except that the "1 minute rule" (RRS 30.1) will not be used. (Changes PR 18(b)(iii))

10. REQUESTS FOR HEARINGS

- 10.1 Requests for Hearings shall be filed in accordance with the ICSA Procedural Rules.

- 10.2 Requests for Hearings shall be filed within 20 minutes of boats returning to shore for a break in racing after the race or set of races in which the incident occurred. This changes PR 30.
- 10.3 Request for Hearing forms will be available at the Stanford University Boathouse.
- 10.4 RRS 66.2 is changed to read "A party to the hearing may ask for a reopening of a hearing held during a round robin, no later than 30 minutes after the conclusion of the round robin in question."
- 10.5 The posting of the Hearing Schedule of a Request for Redress is considered to meet US Sailing prescription to rule 63.2. Requests to attend the hearing may be made orally to the Protest Committee when the hearing is called.

13. BREAKDOWNS

When a boat suffers a breakdown in the racing area, she may request a score change by hailing an umpire or the race committee to that effect at the first reasonable opportunity after the breakdown, until the hail is acknowledged. If possible, she shall continue racing. This changes RRS D5.2 and PR 25.

14. SCORING

RRS D3 and D4 shall be used, as modified by PR 25 and these Sailing Instructions..

15. SAFETY

- 15.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.
- 15.2. Starts will not be delayed to accommodate capsized boats

16. COACHING

- 16.1. PR 19 will apply
- 16.2. Coaching shall be from provided coach boats. 3-4 coaches/ coach boat. Alternate sailors will be on coach boats.

17. RIGHTS TO USE NAME AND LIKENESS

- 17.1. By participating in this event, competitors automatically grant to the OA and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

18. DRONES

Drones are NOT permissible.