

The 3rd Annual Stony Brook Cup
Stony Brook University & Port Jefferson Yacht Club
March 25-36, 2017
Sailing Instructions

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2017-2020, the ICSCA Procedural Rules and these sailing instructions.
2. **Notice to Competitors:** Official Notices will be posted on the Regatta Notice Board located on the porch of Port Jefferson Yacht Club.
3. **Changes to the Sailing Instructions:** Any changes to the sailing instructions will be posted on the Regatta Notice Board and on Techscore.
4. **Schedule:**

Saturday Report Time 0900
Competitors Meeting 0915
First Warning Signal 1000

Sunday Report Time 0900
No starting signal after 1500

We will have food after racing is completed on Saturday. All competitors, coaches, and visitors are encouraged to stay for some post-race socializing.
5. **Boats:** FJ's as supplied by Stony Brook University. The standing rigging shall not be adjusted.
6. **Rotation:** Schedule for boat rotation posted on Techscore and on the Regatta Notice Board. Rotations will take place on the beach in front of Port Jefferson YC. Release the vang during rotations, raise centerboard and rudders prior to approaching the beach. Please make every effort to keep the boats off the beach.
7. **Racing Area:** The racing area will be Port Jefferson Harbor, east of the Ferry channel. **No sailboat shall enter the ferry channel at any point unless directed by the race committee. This will be strictly enforced and non adherence to this rule may result in disqualification.**
8. **Courses:** The diagrams on the official notice board show the courses. The courses will be designated by oral instructions from the Race Committee.
9. **Marks:** The marks will be orange balls. The starting line and finish lines will be between a staff a committee boat at the starboard end of the line and the closest orange ball at the port end of the line.
10. **Starts:** Races will use standard 3 minute Dinghy Starts
11. **The Finish:** If a boat is delaying the competition of a race, the RC may terminate the race and score the last boat equal to last place.
12. **Protest:** Shall be in accordance with Procedural Rule 30.

13. **Capsizes:** A capsized boat may be righted and sail on by its crew at any time. If the safety of the crew or boat is in jeopardy, or if the progress of the regatta is affected the RC may require that assistance be accepted and the competitors retire from the race.

15. **Coaching:** Will be from shore. Or if conditions and equipment allows, from a provided boat.