

SAILING INSTRUCTIONS FOR THE 2016 CENTRAL SERIES 3 AT HARVARD
April 2-3, 2016

1 RULES

The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, *The ICSA Procedural Rules* and the *Rules of the Collegiate Dinghy Class*.
ICSA Procedural Rule 32 will apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the downstairs lobby.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted 15 minutes before it will take effect.

4 BOATS

Boats shall be rigged as provided.

5 RACING AREA

All races will take place in the Lower Basin of the Charles River between the Mass Ave and Longfellow Bridges.

6 COURSES

Courses will be announced by the Race Committee prior to the start of each race. Diagrams of the courses and any modifications may be posted on the official notice board.

7 MARKS

All marks will be orange balls with black bands around them.

8 THE START

The starting line will be between a staff displaying a flag on the starting boat and the course side edge of the starting mark.

9 THE FINISH

The finish will be between two finishing marks or between a staff displaying a flag on the finishing boat and a finishing mark.

10 PROTESTS AND REQUESTS FOR REDRESS

11.1 Protest forms are available at the race office. Protests shall be delivered there within the posted protest time limit. In the event no time limit is posted ICSA procedural rule 30 will apply.

11 COURSES

COURSES:

W-3: Windward-Leeward-Windward

W-4: Windward-Leeward-Windward-Leeward

W-5: Windward-Leeward-Windward-Leeward-Windward

T: Triangle-Windward

G: Triangle-Windward-Leeward

O: Triangle-Windward-Leeward-Windward

Starts will be between a staff displaying a yellow flag on the RC Boat and a mark off her port side. The start mark shall be left to port.

All turning marks shall be left to port, except that when a gate is set boats must pass in between the gate marks.

W courses will have a leeward gate to windward of the starting line. They may have an offset mark at the top.

Leeward finishes will be between a staff displaying a yellow flag on the RC Boat and the finishing mark off her starboard side, which shall be left to port.

Windward finishes will be between a flag on an anchored RC Boat and the windward mark. In the event that no RC boat is anchored before any boat is on the final leg, the finish will be between the windward mark and the offset mark.

TIPS FOR LAUNCHING, RIGGING AND SAILING THE BOATS

FJ's:

The FJ rigging is standard. Goosenecks should not be secured with a quick pin. Prior to lifting the boat up onto the rudder must be removed, and the centerboard bungee must be detached from the board. Please pull the centerboard all the way up. The boats should be lifted into and out of the water manually. Covers should be tied to the cradle that the boat came from. The hulls should be covered and tied securely to the cradles in which they rest. They should be drained and left with the plugs and aft bailers open. Some boats may need to be hoisted, in which case the competitors may be asked to help de-step the masts.

