

**Gold Regatta  
Stanford University  
March 19-20, 2016**

**SAILING INSTRUCTIONS**

**1.0 RULES**

- 1.1** The regatta will be governed by the Racing Rules of Sailing (RRS), the ICSA Procedural Rules (PR), Collegiate Dinghy Class Rules, the NOR and the Sailing these Sailing Instructions.

**2.0 ENTRIES**

- 2.1** Coed Teams.

**3.0 COMMUNICATION WITH COMPETITORS**

- 3.1** Official notices will be posted on the Official Regatta Notice Board located on the whiteboard inside the San Diego Sailing Bay.
- 3.2** Oral changes in the Sailing Instructions may be announced by the Race Committee at the competitors meeting and shall be posted on the Notice Board as soon as possible.

**4.0 FORMAT SCHEDULE OF RACES**

Rotation Single division fleet race.

Saturday

1030 Report Time

1035 Competitors Meeting

1130 First Warning

Sunday

0930 Report Time

1000 First Warning

1500 No warning after or 17 Races completed whichever comes first

**5.0 RACING AREA**

Inside Redwood Creek

**6.0 THE COURSE**

- 6.1** The courses will be announced orally and taken from the notice board.
- 6.2** Rounding marks will be red balls.
- 6.3** Windward-Leeward courses may have a leeward gate.

**7.0 THE START**

The Starting Line will be between a staff displaying a red flag on the Starting Line mark boat and a round orange buoy. The line will be sighted between the flag and the windward edge of the starting pin.

**8.0 RECALLS**

- 8.1** Individual recalls will be signaled in accordance with the PR. The Race Committee may attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

**8.2** General recalls will be signaled in accordance to PR.

**9.0 FINISH**

**9.1** The Finish Line will be between a staff displaying an orange flag on a Race Committee boat and a round orange buoy set as a finish mark for downwind finishes. Upwind finishes will be between the windward and offset marks.

**9.2** If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

**10.0 PROTESTS**

**10.1** Protests shall be lodged with the Scorer upstairs in the office of the boathouse within 30 minutes of that division's arrival ashore. This changes ICSA PR 30.

**10.2** Boats being protested and the time and place of the hearing may be posted on the Official Regatta Notice Board within 30 minutes of the Race Committees arrival ashore. This shall serve as notification as per RRS 63.2

**11.0 ALTERNATIVE PENALTIES**

**11.1** Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.

**11.2** All penalties shall be reported to the RC Finish Boat promptly after finishing.

**12.0 BOATS AND EQUIPMENT**

**12.1** FJ's and z420's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.

**13.2** The standing rigging shall not be adjusted in the FJ but maybe adjusted in the z420 using the staymaster.

**13.3** Mainsheet may be rigged with a 3:1 or 4:1 purchase.

**13.4** The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.

**13.5** Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

**13.6** Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may, but is not required to, grant redress for the failure of the main halyard masthead knot.

**14. SAFETY**

**14.1** A boat requesting assistance from support boats should signal by waving hands overhead.

**14.2** A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'

**14.3** Starts may not be delayed to accommodate capsized boats.

**14.4** A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.