

**The Peak Foliage
University of New Hampshire**



**October 14, 2023, 10:30 report time
SAILING INSTRUCTIONS**

1. RULES

1.1. This regatta shall be governed by the Racing Rules of Sailing 2021-2024(RRS), [the Procedural Rules](#) (PR) and Class Rules for Intercollegiate Sailing Competition 2021-2024, and the [NEISA Rules and Regulations](#), except as any of these are modified by these Sailing Instructions.

1.2. Any questions regarding these Sailing Instructions should be submitted to Principal Race Officer Diana Weidenbacher in writing.

2. NOTICES TO COMPETITORS

2.1. Notices will be posted on the official regatta notice board located on the door to the boathouse.

3. CHANGES IN SAILING INSTRUCTIONS

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they take effect.

3.2 Rule 44 is amended to read a one turn penalty for infraction of Part 2 rules on the course A 2 turn penalty remains for infractions of Part 2 while in the zone.

4. SCHEDULE OF EVENTS

Saturday 10:30 Report Time

5. FORMAT

5.1. The event will be sailed in two divisions.

5.2. Competitors will rotate boats after every three races.

5.3. All competitors are strongly encouraged to bail their boats and fully ease the boom vang before reaching the rotation dock on the point.

5.4 Teams should make an effort to rotate quickly and walk away to reduce congestion.

6. BOATS & EQUIPMENT

6.1. Zim FJs will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

6.3. The penalty for infringing instruction 6.1 or 6.2 will be disqualification from all races sailed in contravention of those instructions.

6.4. Competitors shall report all damage or loss of equipment, however slight, to the Race Committee Boat on the water.

6.5 Please make certain to remove the centreboard bungee before lifting the boat out of the water at the end of use.

6.6 Please lift the boat **into** the water, taking care to avoid sliding the boat over the dock edge as the dock edges are beginning to tear. **At the end of the day, please lift** your boat out of the water and secure the bowline loop to the jib halyard, and pull on tension.

7. ROTATION

7.1 The rotation of boats will be in accordance with the online rotation.

8. COURSES and MARKS

8.1. All rounding marks will be yellow and orange buoys.

8.2. The starting mark will be the farther away orange buoy on the port side of the Race Committee boat.

8.3 Any Mark of the course may be moved in accordance with PR 18 (c)(i).

8.4 Courses will be either courses 3, 4, or 5.

9. STARTING and FINISHING

9.1. Races will be started in accordance with PR 18(b) and PR Appendix C.

9.2. The starting and finishing line will be between a staff displaying a yellow start flag on the Race Committee Start Boat and the course side of the orange starting mark.

9.3 Every effort will be made to hoist the P flag at 2 minutes along with the sound signal and lower it at one minute with the sound signal. Redress will not be warranted should the P Flag not be utilized.

9.4. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

10. Recalls

10.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii) except the maximum time Code Flag “X” will be displayed is 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s). Failure to hear a hail is insufficient cause for granting redress.

10.2. The “I” Flag may be displayed at any time, meaning the 1-minute rule is in effect.

10.3. Multiple horns/whistles and the hail of the words “General Recall” will signal a General Recall. The “first substitute” flag may be displayed to help with general recalls.

11. COURSE and COURSE CHANGES

11.1 Courses will be announced orally and taken from the course diagrams on the Official Notice Board.

11.2 Any mark of the course may be moved in accordance with PR 18 (c)(i).

12. STARTING SYSTEM

12.1. Races will be started in accordance with PR 18(b)(i). There is a 15 second sound notification prior to the beginning of the 3 minute sequence.

13. PROTESTS

13.1. Protests shall be filed in accordance with the ICSA Procedural Rules.

13.2. Protests shall be filed within 15 minutes of returning to the dock after a rotation or at a postponement, or at the end of the day’s sailing. This changes PR 30.

13.3. Protest forms will be available from the small table with the whiteboard and model boats in the boathouse. They should be submitted to the designated UNH sailor on shore.

13.4. Video, data and/or photographs taken from any source may be presented as evidence at protest hearings.

13.5. Hearings will be convened as soon as practical. Hearings shall be held outside and shall be open to all for (silent) observation. Hearings will be held by coaches present.

14. SAFETY

14.1. Competitors who require assistance from rescue boats should signify by waving arms overhead. A competitor who retires from a race shall notify any member of the Race Committee as soon as possible.

14.2. Starts will not be delayed to accommodate capsized boats.

14.3. At the discretion of the Principal Race Officer, dry suits or wet suits may be required. Notice will be given orally and on the Official Notice Board at any time during the competition.

15. COACHING

15.1. Bring your PFDs, coaches. It is anticipated coaches will be on the water.

15.2. The use of drones in the vicinity of the regatta and the video from the drone shall be made available to all teams via a link at the close of the day it shoots film. The link will be posted on the Notice Board as well as in the regatta summary report. No team or individual may have access to any part of the video before the link is provided.

15.3. An ICSA rep will be designated by the PRO to provide helpful feedback from the sailors or coaches to the host. This person shall be designated before the competitor's Saturday morning meeting.

16. FACILITIES

16.1 The UNH Sailing Centre does not have electricity or running water. Competitors and coaches should plan to bring their own.

16.2 There is a changing room for all competitors at the back left of the boathouse. Please make every effort to change in your vehicles.

16.3 There is a Porta Potti on the left of the road heading out of the parking lot.

16.4 Please make every effort to carpool and ***consolidate the parking***, as space will be tight. 16.5 All competitors may have access to a grill should they choose to bring food to grill.

Questions regarding this document, the facility or boats may be addressed to dianaw46@comcast.net