



New York Maritime College
Fall Open
September 30th-October 1st , 2023

SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS) except as modified by the ICSA Procedural Rules, The MAISA Information Bulletin and these Sailing Instructions.

2. Notices to Competitors

Notices to competitors will be posted on the Official Notice Board in the East Bay of the sailing center.

3. Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 on the day before it will take effect.

4. Schedule of Races

Saturday, September 30 th	0900	Report Time
	1000	First Warning Signal
Sunday, October 1 st	0945	First Warning Signal
	1500	No Start After

5. Racing Area

The racing area is the East River, west of the Throggs Neck Bridge.
Or in the cove on the southeast side of the Throggs Neck Bridge.

6. Courses/Marks

- 6.1. Courses will be W3s, W4s, and W5's with a leeward gate.
- 6.2. The course to be sailed will announced orally from the start boat.
- 6.3. The Race Committee may change the position of any mark, provided that no boat has started that leg of the course. There will be no visual or sound signal for such a change.
- 6.4. Marks will be orange or pink inflatable buoys.

7. Boats/Breakdowns/Rotations

- 7.1. Standing rigging may not be adjusted.
- 7.2. Requests for breakdown points shall be filed in the same manner as protests.
- 7.3. A schedule of boat rotations, as per ICSA Procedural Rule 22(b), Rotation of Boats, will be posted on the Official Notice Board.

8. Start/Finish Line

- 8.1. Start/Finish lines will be between a staff displaying a start flag on the Race Committee signal boat and an red or pink mark. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

9. Starting System

- 9.1 ICSA PR 18 (b), 3-minutes starting signal will be used.

10. Individual Recalls

- 10.1. The Race Committee will attempt to notify individual boats by hailing their sail or bow numbers as per ICSA Procedural Rule 18(b)(ii).

11. Protests

- 11.1. Protest forms are available on a table near the Notice Board in the East Bay.
- 11.2. Protests shall be filed within 30 minutes of reaching ashore after the race in which the incident occurred. This changes ICSA PR 30.
- 11.3. Protests may be heard during interruptions in racing or at the end of the race day as determined by the judges.

12. Safety

- 12.1. A boat that retires from a race shall notify the Race Committee as soon as possible.
- 12.2. Competitors shall wear a USCG approved PFD per ICSA PR 13(c).
- 12.3. The Race Committee may ask a boat to retire from a race at any time should their safety be in question.

13. Coaching

- 13.1. ICSA Procedural Rule 19 applies, coaching will be from land.