



## **CAN/AM Cup September 29 – 30, 2018**

Regatta Chair: Reid Goldman

### **1. RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2017 - 2020 and the prescriptions of the CYA, the ICSA Procedural Rules and Class Rules 2017 – 2020 Procedural Rules (PR), except as any of these are modified by these sailing instructions and by these Sailing Instructions. Where these Sailing Instructions vary with the Notice of Race the Sailing Instructions shall take precedence.

### **2. NOTICES TO COMPETITORS**

- 2.1 Notices to competitors, including boat rotations and courses, will be posted on the official regatta notice board located on the south wall of the Junior Sailing building in the yard at the Kingston Yacht Club.

### **3. CHANGES IN SAILING INSTRUCTIONS**

- 3.1 Any changes in the sailing instructions will be announced orally and posted by the Race Committee before the first race in which they are to take effect.

### **4. BOATS AND EQUIPMENT**

- 4.1 The regatta will be sailed in Club 420's. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way, except that competitors may adjust lines and controls normally adjustable.
- 4.2 The standing rigging shall not be adjusted.
- 4.3 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.4 Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

### **5. FORMAT**

- 5.1 The regatta format will be a single round robin as per ICSA PR.

### **6. ROTATION**

- 6.1 The rotation of boats will be in accordance with the provided rotation sheet available at the competitors' meeting. Boat exchanges will occur on the floating 'T' dock or on the water.

### **7. SCHEDULE OF EVENTS**

#### Saturday, September 29, 2018

0900 Check-in Time  
0920 Competitors' Meeting  
0945 First Warning

#### Sunday, September 30, 2018

0930 First Warning  
1500 No Starting Signal After

## 8. RACING AREA

8.1 Kingston Harbour off Kingston Yacht Club

## 9. WIND STRENGTH MINIMUM

9.1 It is the intention of the race committee that races should not be started unless the wind strength across the course is in excess of an average of three knots for a reasonable period before a start, as measured using instrumentation and while not moving over the bottom or anchored.

## 10. THE COURSE

10.1 The course will be twice around a windward leeward, with a gate and the start/finish line below the gate (course W4). See Addendum 'A'

10.2 Rounding marks will be orange marks.

## 11. START/FINISH

11.1 Races will be started in accordance with PR Appendix C except that the last 30 seconds will be signaled with short sounds (3 at 30 seconds, 2 at 20 seconds, 1 at 10 ten seconds). A lack of signals not in accordance with PR Appendix C will not be grounds for redress.

11.2 The start line will be between a staff displaying the Race Committee flag on the Race Committee vessel and an orange flag to port.

11.3 The finish line will be between a staff displaying a Race Committee flag on the Race Committee vessel and an orange flag.

11.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

## 12. RECALLS

12.1 Individual recalls will be signaled in accordance with PR 18 b) ii. The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for redress.

## 13. CHANGES OF COURSE AFTER THE START

13.1 Any mark of the course may be moved in accordance with PR 18 c) i.

## 14. ALTERNATIVE PENALTIES

14.1 Penalties for breaking a rule of RRS Part 2 will be in accordance with PR 31.

## 15. PROTESTS

15.1 In addition to complying with PR 29, protests shall be filed within 30 minutes of the Race Committee reaching the shore after the last race of the day.

## 16. COACHING

16.1 If in accordance with PR 19 a coach boat(s) is provided, competitors shall not allow their boat to come in direct contact with the coach boat at any time while on the water. In accordance with PR, no additional coach boats will be allowed on the water.

## 17. SAFETY

17.1 All participants shall wear a personal flotation device while sailing.

17.2 A boat requesting assistance from support boats should signal by waving hands overhead.

17.3 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance and the boat will be scored 'DNF.'

17.4 Starts will not be delayed to accommodate capsized boats.

- 17.5 A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.
- 17.6 If the safety of the boat, and or crew is in jeopardy, or the progress of the regatta is affected, the race committee may require that assistance be accepted. A boat that refuses such assistance will be disqualified.

ADDENDUM 'A' - The Course

