Boston University Sailing Instructions
Regis Bowl – September 30 – October 1, 2017

1 RULES
The Regatta will be governed by the rules as defined in The Racing Rules of Sailing,
The ICSA Procedural Rules and the Rules of the Collegiate Dinghy Class.
ICSA Procedural Rule 32 will apply.

2 NOTICES TO COMPETITORS
Notices to competitors will be posted on official notice board in the classroom of the BU Sailing Pavilion.
An additional notice board may be brought to the rotation dock.

3 CHANGES TO THE SAILING INSTRUCTIONS
Any change to the sailing instructions will be posted 15 minutes before it will take effect.

4 SCHEDULE
Report time for Saturday will be 1030. Racing will take place promptly after the final collegiate crew race on the Charles River is completed.
Report time for Sunday will be 0930. No race will be started after 1500.

5 RACING AREA
All races will take place between the BU Bridge and Mass Ave. Bridge.
The fleet may launch while crew shells are racing. If this is the case, please sail close to the Boston shoreline until instructed to do otherwise by the race committee.

6 ROTATION
The schedule for rotation will be announced at the skipper’s meeting. The entire fleet may not be able to land at the dock at the same time. Please wait for space at the dock if there is none. When at the dock, please rotate promptly so others may do the same.

7 BOATS
Racing will take place in Flying Juniors supplied by Boston University.
All rigging shall be checked for damage prior to launching. Due to shallow water near the BU Sailing Pavilion dock, please do not install rudders until the boat is in the water. Please keep centerboard halfway up while leaving and approaching dock.
Rudders shall be tied to the pad eye at the base of the transom using the lanyard on the rudder head.
Please tie sail bags to racks or dollies.
At the end of the day, please remove centerboard shockcord, remove all drain plugs, tie boats to racks or dollies, and make boom vangs snug.
8 COURSES
Courses will be announced by the Race Committee prior to the start of each race. Diagrams of the courses and any modifications may be posted on the official notice board. It is the responsibility of each competitor to know the course. The race committee may respond to questions regarding the course up to 30 seconds prior to the Preparatory Signal.

W-3: Windward-Leeward-Windward
W-4: Windward-Leeward-Windward-Leeward
W-5: Windward-Leeward-Windward-Leeward-Windward
T: Triangle-Windward
G: Triangle-Windward-Leeward
O: Triangle-Windward-Leeward-Windward

All turning marks shall be left to port, except that when a gate is set boats must pass in between the gate marks. W courses will have a leeward gate to windward of the starting line. They may have an offset mark at the top.

9 MARKS
All marks will be orange balls.

10 THE START
The starting line will be between a staff displaying a flag on the starting boat and the course side edge of the starting mark.

11 THE FINISH
Leeward finishes will be between a staff displaying a flag on the race committee boat, and the finishing mark off her port side, which shall be left to starboard. Windward finishes will be between two finishing marks or between a staff displaying a flag on the finishing boat and a finishing mark off her port side.

12 COURSE CHANGES
After the starting signal, the race committee may change the position of any mark, provided there is no boat on that leg of the course. There shall be no signal for this change.

13 PROTESTS AND REQUESTS FOR REDRESS
Protest forms are available at the race office. Protests shall be delivered there within the posted protest time limit. In the event no time limit is posted ICSA procedural rule 30 will apply.

14 SAFETY
Coast Guard approved PFD’s must be worn by all competitors. Wetsuits or drysuits may be required.