



**COLLEGE of
CHARLESTON**
**2016 Women's Atlantic Coast
Championship**
November 12-13



SAILING INSTRUCTIONS

1. Organizing Authority - The Racing will be held under the jurisdiction of the Principle Race Officer. The PRO will be announced at the competitors' meeting.
2. Rules -
 - 2.1 The Regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2013-2016 (RRS), the prescriptions of US Sailing, the Intercollegiate Sailing Association (ICSA) Procedural Rules (PR), the Notice of Race (NOR) and these Sailing Instructions (SI's).
 - 2.2 ICSA PR 32 will be in effect.
 - 2.3 US Sailing Prescriptions to RRS 60, 63.2 and 63.4 will not apply.
3. Notices - Notices to competitors will be posted on the white board located in the classroom of the Sailing Center. It is the responsibility of each sailor to check the notice board for information. Posted instructions may be superseded by verbal instructions from the Race Committee.
4. Boats - The event will consist of two divisions sailed in a fleet of z420s and FJs. A division will start in z420s and B division will start in FJs. Divisions will switch boats after ten races or at the conclusion of day one.
5. Format - The race committee will attempt to complete one round robin rotation (the number of races, for each division, is equal to the number of teams). Three races in each division will constitute a series.
6. Rotations - Boats will be rotated after two races. Rotations are online and will be posted on the notice board.
7. Schedule - A competitor's meeting will be held at 0915. Racing will begin as soon as possible after the competitor's meeting. Races will be conducted as expeditiously as possible with due consideration for unavoidable delays. The race committee may commence the starting sequence prior to the arrival of any team(s) taking an inordinate amount of time arriving in the starting area.
8. Race Area - The Race Area will be described at the competitors meeting.
9. Course - The Course will be announced at the beginning of each race. Course descriptions will be given at the competitors' meeting and posted on the notice board.
10. Marks - All rounding marks will be orange buoys.
 - 10.1 The starting line will be between a staff on the signal boat and a pin boat or an orange/white buoy.
 - 10.2 The finishing line will be between a staff on the finish boat and an orange/white buoy.
11. Starting Signals - The 3-minute system as described in PR 18(b)(i) will be used.
 - 11.1 When Code Flag I is displayed prior to the warning signal, the "I Flag Rule" (Rule 30.1) is in effect.
12. Recalls
 - 12.1 Individual Recalls will be signaled by the display of Code Flag X, without an accompanying sound signal. Individual boat numbers will be hailed if possible. Code Flag X will remain hoisted until all boats have started properly, or for a period of no less than 2 minutes.



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General Recalls will be used in accordance with PR 18(b)(iii) and signaled by multiple sounds and the hail of "general recall".



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13. Changing the Course - After the starting signal, the Race Committee may change one or more marks of the course provided no competitor is on that leg.
14. Safety - Each competitor shall wear a U.S. Coast Guard approved PFD while on the water.
15. Protests - Protests shall be filed in accordance with the RRS and the ICSA Procedural Rules. Written protests must be filed before returning to the water after a break in sailing. If the protest is for a race in the last set, it must be filed within 15 minutes after returning to the dock.
16. Breakdown - Breakdowns must be filed in accordance with the ICSA Procedural Rules. The Race Committee must be notified as soon as possible after the race or after the breakdown occurs, whichever is appropriate.
17. Other Rules
 - 17.1 All competitors shall be aware of the proximity of the course to the shipping channel. No competitor shall sail in the shipping channel when racing or during the time between races.
 - 17.2 No boat or crew shall touch coach boats or spectator boats unless they are changing crews or are in need of assistance for a breakdown or other emergencies.
 - 17.3 The Race Committee may commence the starting sequence prior to the arrival of any team(s) taking an inordinate amount of time making crew substitutions.
 - 17.4 No boat shall sail within one hull length of the north side of the outer marina wall at any time. This line ranks as an obstruction.

